

Over a year into the pandemic, coronavirus disease (COVID-19) and the Delta variant continue to circulate around the world with significant numbers of new cases occurring daily in the United States and other countries where Technical Solutions operates.

As of Sept. 1, the division has reported 482 confirmed cases, and more than 1,200 employees have been cleared to return to work after following self-quarantine procedures for confirmed or suspected exposure.

As we continue to learn more about COVID-19 and the effectiveness of countermeasures such as the available vaccines, it is important to note that everyone plays a role in responding to this public health threat. Please refer to the guidance provided in this document and the [Centers for Disease Control and Prevention](#) website for the latest guidelines on preventing the spread of the virus.

The following is guidance specific to Technical Solutions employees with the latest revisions highlighted.

## VACCINATIONS

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While it is not mandatory, HII's leadership team strongly encourages you to get the COVID-19 vaccine as soon as it is available to you.

- **For employees working in the United States:** Please visit your county's Department of Health website to register for the vaccine in your community or check for availability through local pharmacies.
- **For employees working outside the United States:** If you work at a Department of Defense or other customer location, you may be able to access the vaccine there. Work with your government point of contact to determine eligibility. Otherwise, please contact your health provider and make arrangements to get the vaccine as soon as possible.

If you need help registering to receive the vaccine in your county or have any other questions, please reach out to our crisis management team at [COVID19@hii-tds.com](mailto:COVID19@hii-tds.com).

As more employees get vaccinated, it's important for HII to track the number of vaccinated employees in our workforce so we can best assess the company's pandemic response moving forward. While we can track vaccinations offered onsite at our divisions, we ask that you self-report if you received your COVID-19 vaccine in the community. Please self-report by logging into your UPoint account from [www.hiibenefits.com](http://www.hiibenefits.com). Once logged in, click the "COVID-19 Self-Reporting" banner at the top of your homepage, read the instructions and fill out the brief questionnaire.

**Note: You do not need to self-report on UPoint if you received your vaccination at Newport News Shipbuilding through QuadMed or at Ingalls Shipbuilding through the Singing River Health System.**

Per Executive Vice President and Chief Human Resources Officer Bill Ermatinger, HII leadership has decided to reinstate the paid waiting period for fully vaccinated employees who test positive for COVID-19. **Effective July 26, fully vaccinated employees who test positive for COVID-19 can qualify for a five-day paid waiting period before they are eligible for short-term disability coverage or they are cleared to return to work onsite.** To apply and qualify for the paid waiting period if you test positive for COVID-19, you must have self-reported in UPoint that you are fully vaccinated. An HR representative will respond to email requests for the five-day paid waiting period and provide a charge code that has been approved for the employee to use for this purpose. Requests should be forwarded to [covid19@hii-tds.com](mailto:covid19@hii-tds.com).

Managers can ask employees their vaccination status discretely without violation of any privacy laws as long as there is a business need to know (e.g. travel planning, etc.). Managers *should not* ask employees their

vaccination status in group meetings or within earshot of others. Questions about such inquiries should be addressed to your HR Business Partner.

Some federal agencies may ask Technical Solutions employees to complete a certification of vaccination form prior to gaining entry to federal buildings or federally controlled indoor workspaces. Those employees who cannot declare that they are fully vaccinated will have to comply with the following safety protocols while in a federal facility:

- Provide proof of having received a negative COVID-19 test from within the previous three days.
- Wear a mask—regardless of the level of community transmission.
- Physically distance.

## WORKING ON SITE AND TELECOMMUTING

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Technical Solutions began transitioning back to the workplace on July 6, 2021. For some, this has meant continuing to work on-site as they have throughout the pandemic, while others may continue to telework part- or full-time.

Employees and managers working at an HII or customer site should review the updated “Return to Work Site” guidance posted on the Coronavirus Resource Portal and follow all related entry procedures and requirements. All employees must review the “COVID-19 Safety Briefing.”

It is highly recommended that Technical Solutions employees who live or work in an area of “high” or “substantial” community transmission wear masks while in public, indoor areas of our facilities—regardless of their vaccination status. The Centers for Disease Control and Prevention’s [COVID-19 Integrated County View \[nam11.safelinks.protection.outlook.com\]](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html) currently indicates higher-risk levels of community transmission at Technical Solutions sites in Alabama, California, Florida, Hawaii, Massachusetts, North Carolina, South Carolina, Tennessee, Texas, Virginia and Washington. We will continue to monitor CDC data, and adjustments to mask requirements will be made and communicated accordingly.

Whether working at a Technical Solutions site or a customer or host site, face coverings must:

- Cover the nose and mouth.
- Fit snugly against the face with no significant gaps.
- Have two or more layers of washable fabric.

More information on face covering guidance can be found at: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html>.

## WORKING AT CUSTOMER AND HOST SITES

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Employees working at customer locations must comply with customer guidance, including vaccination requirements at DoD facilities or other agencies which require a vaccination status declaration (i.e., [DD Form 3150](#)). Falsely completing the declaration form is considered a federal crime and would also subject employees to discipline up to and including termination. If the customer requires that contractors either be vaccinated or provide weekly or more frequent COVID-19 test results, then scheduling testing and communicating the results to the customer in a timely fashion will be the responsibility of the unvaccinated employee. In some cases, the customer may offer testing or ‘self-testing’ kits on site. Currently at DOD sites where testing is not offered on site, test results obtained off-site may be no more than three days old in order to be valid. Affected employees shall also enter their vaccination status in UPoint and provide their direct supervisor, lead or program manager with COVID-19 test results as necessary.

## QUARANTINING – NON-VACCINATED

Technical Solutions requires a 14-day quarantine for any employee found through contact tracing to have been in close contact with a positive case. Employees working on customer sites that don’t require a 14-day quarantine or in other mission-critical functions where teleworking is not viable are eligible to shorten their quarantine, per the latest CDC guidelines. Based on local availability of viral testing, the company may require

employees without symptoms to end quarantine:

- After day 10 without testing.
- After day seven, after receiving a negative test result. The test must be taken within 48 hours of the quarantine period ending.

Close contact is defined as either:

- being within approximately 6 feet (2 meters) of a COVID-19 case for a total of 15 minutes or more; close contact can occur while sharing a workspace with a COVID-19 case.
- having direct contact with infectious secretions of a COVID-19 case (e.g., being coughed on).

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Employees who are fully vaccinated are no longer required to quarantine after close contact; however, the employee's vaccination status must be updated in UPoint. For employees who are unable to access UPoint, proof of vaccination may alternatively be provided to the Crisis Management team at [covid19@hii-tds.com](mailto:covid19@hii-tds.com). It is recommended that affected employees get tested three to five days after exposure and that a mask be worn while indoors at the workplace for 14 days or until a negative COVID-19 test result is received.

### COVID-19 TESTING

Here are the COVID-19/PCR testing coverage details for Technical Solutions' medical and pharmacy carriers.

Carrier	Coverage details
Anthem	The federal mandate on the COVID testing requires us to pay it at 100%. As long as the provider is billing it appropriately, based on the guidelines laid out by the CDC. Note that if you choose to use out-of-network providers for your testing services, you may be billed for the amount in excess of Anthem's allowable charge.
Cigna	COVID-19 tests are covered only when ordered by a physician due to symptoms, possible exposure and/or medical necessity. Tests <i>are not covered</i> for things like returning to work, travel requirement, etc.
CVS Pharmacy	The PCR test is available at CVS lab testing locations at no cost to the individual with or without insurance coverage. The CVS lab testing locations can be searched by ZIP code here: <a href="https://cvshealth.com/covid-19/testing-locations">https://cvshealth.com/covid-19/testing-locations</a> .
HMSA	HMSA covers medically appropriate diagnostic tests for COVID-19 according to CDC guidelines with no copayment for members. HMSA advises members who may need to be tested to contact their primary care provider, who will guide them on where to go to be tested.
Kaiser	Kaiser pays 100% for all COVID-19-related tests. Kaiser recommends the PCR test due to its accuracy.

### TRAVEL

Non-vaccinated employees returning from domestic or international travel must quarantine for a period of 14 days or until being tested and a negative test result is obtained. Per the latest [CDC guidance](#) testing should occur three to five days after returning, and, even if a negative result is obtained, the employee should remain home for at least seven days.

There are no quarantine or testing requirements for fully vaccinated employees returning from domestic travel. However, please note that numerous U.S. states and local jurisdictions still have travel restrictions in place, and

employees traveling to and from those areas domestically must adhere to those requirements. Additionally, many of the customers we support are maintaining travel-related quarantine requirements of their own.

Fully vaccinated employees returning from international business travel are required to get tested three to five days after travel but are not required to quarantine. Employees traveling to or returning from travel to locations other than the United States should adhere to any travel quarantine requirements for those countries.

## **DOMESTIC TRAVEL**

### **If you are vaccinated, returning from domestic travel ...**

- There are no additional requirements. (See above.)

### **If you are non-vaccinated, returning from domestic travel ...**

- Non-vaccinated employees returning from domestic travel must quarantine for a period of 10 days or until being tested three to five days after travel and a negative test result is obtained. Negative test results will allow affected employees to return to work no sooner than the eighth day, having remained away from the workplace for at least seven days. Employees returning from domestic travel must complete the Health Tracking Form (Table 1) and return it, along with any testing documentation, to their supervisor, who will submit it to [COVID19@hii-tds.com](mailto:COVID19@hii-tds.com) for review, tracking and approval to return to work.
- **Business Travel Pay Policy:** The company will pay up to 80 hours if you are unable to work remotely during the quarantine period. Supervisors will provide a special charge code by calling HR Services at 1-800-759-6203 or emailing [COVID19@hii-tds.com](mailto:COVID19@hii-tds.com).
- **Personal Travel Pay Policy:** If the travel was for personal reasons, arrangements will be made, when feasible, for employees to telecommute during the quarantine period. If that is not possible, employees will be required to use PTO, vacation, Family Medical Leave Act (FMLA Leave) or leave without pay as necessary to cover the time away from work.

## **INTERNATIONAL TRAVEL**

### **If you are returning from international travel ...**

- Non-vaccinated employees returning to the United States from international travel, business or personal, must quarantine for a period of 14 days, or until being tested and a negative test result is obtained. Per the latest CDC guidance, testing should occur three to five days after returning, and, even if a negative result is obtained, the employee should remain home for at least seven days.
- Fully vaccinated employees should still get tested three to five days after travel but are not required to quarantine. Additionally, some facilities or customer sites may require up to a 14-day quarantine following international travel (with or without an approved testing protocol.)
- Employees returning to the U.S. from international travel must complete the Health Tracking Form (Table 1) and return it, along with any testing documentation, to their supervisor, who will submit it to [COVID19@hii-tds.com](mailto:COVID19@hii-tds.com) for review, tracking and approval to return to work.
- **Business Travel Pay Policy:** The company will pay up to 80 hours if you are unable to work remotely during the quarantine period. Supervisors will provide a special charge code by calling HR Services at 1-800-759-6203 or emailing [COVID19@hii-tds.com](mailto:COVID19@hii-tds.com).
- **Personal Travel Pay Policy:** If the travel was for personal reasons, arrangements will be made, when feasible, for you to telecommute during the quarantine period. If that is not possible, you will be required to use PTO, vacation or leave without pay to cover the time away from work.

### **If you become sick or test positive for COVID-19 while on business travel ...**

- Employees on travel to support contract-related tasks and functions may be unable to work if they become ill, or are exposed to, or test positive for COVID-19. Travel-related expenses during the time you are unable to work may not be billable to the government. Employees should work with their manager regarding the collection of expenses necessary to complete the business travel.

## ACTIONS AND PAY POLICIES FOR VARIOUS EMPLOYEE SITUATIONS

### If you are sick ...

- **Your Action:** Employees are always advised to telework if possible, utilize PTO, sick leave or leave without pay, and stay out of the workplace if they do not feel well. You are expected to stay home when you have symptoms of acute respiratory illness (such as fever, cough or shortness of breath, fatigue or muscle/body aches, headache, loss of taste or smell, sore throat, congestion, nausea, or diarrhea.) If you have not been quarantined due to exposure to someone with COVID-19 or have any other reason to believe you may have COVID-19, you may return to work once your symptoms resolve, including no fever for 24 hours without the use of fever-reducing medications.
- Fully vaccinated employees who have a documented exposure may be tested three to five days after exposure to determine whether they have recently contracted COVID-19. These employees will wear a mask in public, indoor settings for 14 days or until they receive a negative result. Results shall be provided to Crisis Management for review and archival.
- Effective July 26, fully vaccinated employees who test positive for COVID-19 can qualify for a five-day paid waiting period before they are eligible for short-term disability coverage or they are cleared to return to work onsite. To apply and qualify for the paid waiting period if you test positive for COVID-19, you must have self-reported in UPoint that you are fully vaccinated. An HR representative will respond to email requests for the five-day paid waiting period and provide a charge code that has been approved for the employee to use for this purpose. Requests shall be forwarded to [COVID19@hii-tds.com](mailto:COVID19@hii-tds.com).
- **Pay Policy:** Employees should retain any medical documentation received and contact Technical Solutions' Leave Admin Dept. at 1-888-281-5949 as they may become eligible for additional short-term disability benefits. California-based employees may be eligible for additional benefits and should contact the Leave Admin Dept. at 1-888-281-5949.

### If you were exposed to COVID-19 at work ...

The company will advise you if we have been notified of a potential COVID-19 exposure at your assigned worksite/work location where it has been determined you may be affected.

- **Your Action:** Follow guidance and requirements from your supervisor and Human Resources.
- **Pay Policy:** Guidance, including time-charging directions, will be provided by your supervisor. The company will provide up to 14 days of paid leave to cover a mandatory quarantine for business travel or work related COVID exposure where an employee cannot either work remotely or charge to their existing charge code. The following information is provided for further guidance:
  - Employees who are quarantined due to exposure at work and are **able to work** remotely will continue to perform their work and use the assigned charge code for hours worked.
  - Employees who are quarantined due to exposure at work and are **not able to work** remotely, will be informed by their supervisor of the correct charge code. (Supervisors will work with the appropriate finance, project control and/or contracts point(s) of contact to determine the correct charge code.)
  - Employees who are quarantined due to exposure at work and become sick and/or test positive for COVID during the quarantine period are required to cease charging to the designated direct charge code and contact their supervisor. These employees will be provided a designated leave charge code to use until the 14th day of the quarantine period. Employees who are able to work remotely and remain healthy enough to do so may continue to perform their work and use the assigned charge code for hours worked. The five day waiting period is not paid. Employees should use PTO or LWOP
    - If an employee becomes sick during the quarantine period, they should retain any medical documentation received and contact Technical Solutions' Leave Admin Dept. at 1-888-281-5949 as they may become eligible for additional short-term disability benefits if the illness period exceeds 14 days. California-based employees may be eligible for additional benefits and should contact the Leave Admin Dept. at 1-888-281-5949.

In any situation, you must complete the Health Tracking Form (Table 1) before you can return to work. You should submit the form to your supervisor, who will submit it to [COVID19@hii-tds.com](mailto:COVID19@hii-tds.com) for review, tracking and approval to return to work.

### If you were exposed to COVID-19 *outside work* ...

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- **Your Action:** If you have been in close contact (less than 6 feet for greater than 15 minutes) with someone who has tested positive for COVID-19, or if you are living with a person who has tested positive for COVID-19, you must self-quarantine in accordance with the “Quarantining” guidance provided in this document.
- You must complete the Health Tracking Form (Table 1) before you can return to work. You should submit the form to your supervisor, who will submit it to [COVID19@hii-tds.com](mailto:COVID19@hii-tds.com) for review, tracking and approval to return to work.
- Post-exposure testing procedures may be available in some situations or at some facilities to effectively shorten the quarantine period. Check with your supervisor before following any such procedure.
- Fully vaccinated employees who have a documented exposure to COVID-19 may be tested three to five days after exposure and shall wear a mask in public, indoor settings for 14 days or until they received a negative result. Results shall be provided to Crisis Management for review and archival.
- **Pay Policy:** Upon receipt of the documentation, your supervisor will make arrangements for you to telecommute if possible. If that is not possible, you will be required to use PTO, vacation or leave without pay to cover the time away from work. You may also contact your state’s unemployment insurance department for more information about eligibility and/or applying for unemployment benefits. California-based employees may be eligible for additional benefits and should contact the Leave Admin Dept. at 1-888-281-5949.

If you are *not ordered* by the health department or a medical professional to be quarantined but wish to self-quarantine for up to 14 days, you must notify your supervisor. Your supervisor will make arrangements for you to telecommute if possible. If that is not possible, you will be required to use PTO, vacation or leave without pay to cover the time away from work.

Should you become ill, extended benefit options like short-term disability may be available to you. Please see the “If you have been diagnosed with COVID-19” section below.

### If you *think* you may have been exposed to COVID-19 ...

- **Your Action:** If you have been in close contact or reside in the same household with someone who is at risk for exposure to COVID-19 and/or has flu-like symptoms, you should self-monitor your temperature and symptoms. You are advised to telework if possible until the risk of COVID-19 has been ruled out. If you begin to experience COVID-19 symptoms, you must self-quarantine for 14 days, complete the Health Tracker, and submit to your supervisor, who will submit the form to [COVID19@hii-tds.com](mailto:COVID19@hii-tds.com) for review, tracking and approval to return to work. If you need assistance with your symptoms, contact your medical provider for further guidance.
- **Pay Policy:** If you have been living with someone who has returned from international travel, feel symptomatic or wish to self-quarantine for 14 days, you may telecommute with approval of management, take PTO, vacation or leave without pay.
- If an employee becomes sick during the quarantine period, they should retain any medical documentation received and contact Technical Solutions’ Leave Admin Dept. at 1-888-281-5949 as they may become eligible for additional short-term disability benefits. California-based employees may be eligible for additional benefits and should contact the Leave Admin Dept. at 1-888-281-5949.

## Testing strategies for critical infrastructure workers who have been exposed to COVID-19 ...

Workers in critical infrastructure sectors *may* be permitted to work if asymptomatic after potential exposure to a confirmed case of COVID-19, provided that worker infection prevention recommendations and controls (e.g. social distancing and/or face coverings) are implemented and an approved testing strategy is utilized. The U.S. Centers for Disease Control has established guidance specific to such testing strategies for critical infrastructure workers. That guidance is found [here](#). Any employee who wishes to utilize a testing strategy to effectively shorten the recommended 14-day post exposure quarantine should only do so if the strategy is in compliance with the published CDC guidelines.

Newport News Shipbuilding and Ingalls Shipbuilding have established testing strategies and services based on the CDC guidelines, which are already approved by Technical Solutions' Crisis Management and therefore should be used by Technical Solutions employees working at those facilities or in direct support.

Note that many U.S. government installations, facilities and vessels do not recognize any such testing strategy and require the full 14-day post-exposure quarantine before access is approved.

## If you have been diagnosed with COVID-19 ...

- **Your Action:** If you have tested positive and/or been diagnosed with COVID-19, you must call your supervisor and not return to work until:
  - At least 10 days have passed since symptoms first appeared (or from the date you tested positive if asymptomatic), and
  - At least 24 hours have passed without fever and without use of fever-reducing medication, and
  - Be symptom-free for a minimum of 24 hours.
  - To return to work, you will be required to complete the Health Tracking Form (Table 1), submit it to your supervisor with any other applicable medical documentation before receiving approval to return to your job site. Supervisors should submit the form and any medical documentation to [COVID19@hii-tds.com](mailto:COVID19@hii-tds.com) for review, tracking and approval to return to work.
- **Pay Policy:** If you have tested positive and/or been diagnosed with COVID-19, you must not return to work until meeting the above criteria. You should provide your supervisor with documentation of your diagnosis. Upon receipt of the documentation, if you are well enough to work (asymptomatic), your supervisor will make arrangements for you to telecommute if possible. If working from home is not possible, you may use PTO, vacation, leave without pay or retain any medical documentation received and contact Technical Solutions' Leave Admin Dept. at 1-888-281-5949 as you may become eligible for short-term disability benefits. California-based employees may be eligible for additional benefits and should contact the Leave Admin Dept. at 1-888-281-5949. If you work on a direct charge contract, your supervisor will notify you if there is a special charge number that is authorized by Contracts.

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## If you are unable to work due to government closures or other COVID-19 matters ...

- **Your action:** Discuss with your supervisor and retain documentation regarding the circumstances prior to charging. It is important to retain the information, as supervisors will be requested to provide documentation to the Contracts organization for each item.
- **Pay Policy:** Normal pay based on time charged. Each employee's situation reviewed every two weeks.

### If you cross a U.S. border to get to work ...

If you cross a U.S. border to perform work for HII (e.g., if you live in Mexico and commute to and from your home to get to work), you can continue to work unless there are U.S. government or U.S. Navy requirements that prohibit you from working in specific areas, spaces, etc. Please contact your supervisor for additional guidance.

### If none of these situations applies to you ...

You can still help prevent the spread of COVID-19. Please adhere to the [CDC guidelines](#) for coronavirus prevention, including:

- Washing your hands thoroughly and frequently with soap and water.
- Not touching your face.
- Practicing social distancing when interacting with others.
- Wearing face coverings when indoors and/or unable to maintain social distance.
- Avoiding large crowds when/where possible.

### TIME-CHARGING GUIDANCE

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The following time-charging guidance is applicable to all Technical Solutions employees.

Use of the charge numbers below requires supervisor coordination and approval.

#### For direct employees:

Contract Level COVID-19 Impact Charge for your contract ending with "XXX" or "XXXX" Example: Project ID: 123456.123.1234.123.XXX	Requires documentation
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#### For indirect employees:

CVIRUS.OVH <i>For employees who normally charge overhead</i>	Requires documentation
CVIRUS.M&S. <i>For employees who normally charge procurement /material</i>	Requires documentation
CVIRUS.ADM <i>For employees who normally charge G&amp;A</i>	Requires documentation

*Note: It is understood some employees may be partially impacted; for example, some employees may have only 20% of their time impacted as described above, and the remainder able to normally charge as worked. Please coordinate with your supervisor and document accordingly. For other costs not described above, discuss with HR and Finance.*

**Effective July 26, fully vaccinated employees who test positive for COVID-19 can qualify for a five-day paid waiting period before they are eligible for short-term disability coverage or they are cleared to return to work onsite.** To apply and qualify for the paid waiting period if you test positive for COVID-19, you must have self-reported in UPoint that you are fully vaccinated. An HR representative will respond to email requests for the five-day paid waiting period and provide a charge code which has been approved for the employee to use for this purpose. Requests should be forwarded to [COVID19@hii-tsd.com](mailto:COVID19@hii-tsd.com).

### COMMUNICATIONS

As a reminder: All of the latest guidance and updates are posted on Technical Solutions' Coronavirus Resource Portals:

- Internal link: <https://portal.hii-tsd.com/sites/TSroot/Pages/stories/covid-19.aspx>
- External link: <https://TS.huntingtoningalls.com/coronavirusinfo/>



## Technical Solutions' Health Tracking Form for those exposed to OR diagnosed with a confirmed case of COVID-19 or returning to the U.S. from international travel.

### Employee Exposure Monitoring

Employees who have had *close contact* with persons with confirmed cases of COVID-19, have returned to the U.S. from international travel, or that are otherwise directed, must quarantine after last exposure for a period of 14 days. Employees working on customer sites that don't require a 14-day quarantine or in other mission-critical functions where teleworking is not viable are eligible to shorten their quarantine, per the latest CDC guidelines. Based on local availability of viral testing, the company may require employees without symptoms to end quarantine:

- On day 10 without testing.
- On day seven after receiving a negative test result. The test must be taken within 48 hours of the quarantine period ending.

During that time, employees must not come to work, should monitor their health and practice social distancing. Employees who become sick with fever, cough or difficulty breathing during the quarantine period must call ahead to their local medical provider and seek treatment and notify their supervisor.

Close contact is defined as either:

- a) being within approximately 6 feet (2 meters) of a COVID-19 case for greater than 15 minutes; close contact can occur while sharing a workspace with a COVID-19 case.
- b) having direct contact with infectious secretions of a COVID-19 case (e.g., being coughed on).

**Non-Vaccinated Employees** should quarantine at home as soon as they are informed about the exposure to a confirmed case of COVID-19. Note: The quarantine period starts on the date/time they were last exposed, not the date/time they were informed of the exposure. The confidentiality of workers who test positive must be maintained in the process. Employees exposed in the workplace will be paid during the quarantine period.

**Vaccinated Employees** should be tested three to five days after exposure and should wear masks while in public, indoor areas for 14 days or until they receive a negative COVID-19 test result.

Employees who do not become sick during the 14-day period at home will need to fulfill certain requirements before they can return to work. These requirements involve documentation of temperature readings and symptom observations twice each day using the Health Tracking Form (Table 1). This documentation should start as soon as the employee **is informed** of the potential exposure. Failure to record these documented observations twice daily during the quarantine period will delay an employee's return to work.

### Employee Confirmed Case Monitoring

Employees who have tested positive and/or been diagnosed with COVID-19 must call their supervisor and not return to work until:

- At least 10 days have passed since symptoms first appeared (or from the date you tested positive if asymptomatic), and
- At least 24 hours have passed without fever and without use of fever-reducing medication, and
- Be symptom-free for a minimum of 24 hours.

To return to work, you will be required to complete the Health Tracking Form (Table 1) and submit it to your supervisor with any other applicable medical documentation.

The following table (Table 1) was created based on the Centers for Disease Prevention and Control's (CDC) CARE program (Check and Report Everyday) and may be used to document these observations twice daily. It must be signed by the effected employee making the observations, as well as their immediate supervisor. Supervisors should

submit the completed form and any medical documentation to COVID19@hii-tds.com for review, tracking and approval to return to work.

**Table 1: For Technical Solutions Employees who were either exposed to COVID-19, traveled internationally, OR diagnosed with COVID-19.** *Temperature and description of symptoms must be documented twice daily using the table.*

I am using this form because I was (choose one):

- Exposed to COVID-19, returned to the U.S. from international travel, or was otherwise directed**
  - Day 0 is the day you were last exposed or returned from travel. Day 1 is the day you were informed of the exposure and/or began monitoring. For those following the seven-day quarantine with testing, attach a copy of negative test result to include date test was administered along with this completed form.
- Diagnosed with COVID-19**
  - Day 0 is the date you first became symptomatic or the date you were tested if you are asymptomatic. Day 1 is the day you received a positive test result and/or elected to begin self-monitoring.

Day	Time of Day	Date	Symptoms	Temperature (Degrees F)
Day 0	N/A			N/A
Day 1	AM			
	PM			
Day 2	AM			
	PM			
Day 3	AM			
	PM			
Day 4	AM			
	PM			
Day 5	AM			
	PM			
Day 6	AM			
	PM			
Day 7	AM			
	PM			
Day 8	AM			
	PM			
Day 9	AM			
	PM			
Day 10	AM			
	PM			
Day 11	AM			
	PM			
Day 12	AM			
	PM			
Day 13	AM			
	PM			
Day 14	AM			
	PM			

Today's Date: \_\_\_\_\_

I confirm that the information provided on this form was documented daily and is accurate.

Employee name (Print): \_\_\_\_\_

Employee signature: \_\_\_\_\_

Supervisor name (Print): \_\_\_\_\_

Supervisor signature: \_\_\_\_\_