

# CFA and SFA Employees Recognized for 5-S Program Excellence

Recently, the Manufacturing Division recognized Structural Fabrication and Assembly (SFA) and Component Fabrication and Assembly (CFA) employees for maintaining excellence in the 5-S Program.

"The purpose of the program is to create and maintain a clean, orderly and safe work environment – an environment that employees are proud to work in," said SFA Director **Barry Fallon**. "The S' stand for sort, set, shine, standardize and sustain."

To recognize employee efforts, luncheons were held in Bldg. 5-Shed on Nov. 18 and the Detail Pipe Shop on Nov. 23.

"We're here today to show our appreciation and to recognize all that you have done to make this program a success," CFA Director **Aylin Robertson** said. "The shop looks great and we are seeing positive results despite being the busiest we have been in years due to *John F. Kenedy* (CVN 79) and *Virginia*-Class Submarine (VCS) Block IV start up at a two-per-year production rate."

Since implementation of the program in 2014, both SFA and CFA have improved in each area of the company's four pillars – safety, quality, cost and schedule.

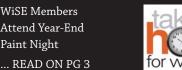
Pipe Cleaner **Shirley Younger** (X42) has been working in the Detail Pipe Shop for the past nine years. "I've seen a lot of positive improvements during my time here," she said. "In addition to the shop being more clean and organized, we've also made a lot of ergonomic adjustments to make our work more efficient and easier on our body."

Welder **Tony Manson** (X18) is a 5-S program lead for SFA. "It's been great to get everyone on board to see how we, as a team, can make positive changes to our workspace that are beneficial to everyone," he said. "And when we see something that is a safety hazard or needs attention -- we hold ourselves accountable. This is our shop."

Shipfitter **Desmond Shamlee** (X11) has only been at the shippard for seven months, but sees the positive impact of the program.

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# CFA and SFA Employees Recognized for 5-S Program Excellence

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"It feels good to work in a place where people really care about their workspace," said Shamlee. "Being organized has played a key role in our efficiency and ability to remain safe. We know exactly where thing are when we need them and because the shop floor is clean, potential safety hazards are eliminated."

Facilities Project Engineer **Curtis Armstrong** (O41) has played a key role in helping the shops organize space. "Most recently I've been working with the Detail Pipe Shop to organize space and prepare for a new pipe bending machine," he said. "In the next few weeks we will be placing a non-slip protective floor coating in several areas of the shop including the new pipe bending machine space. The floor coating will not only enhance the appearance of the areas, it will further delineate ingress/egress isles increasing worker safety during emergency situations and help to minimize slip-and-fall injuries. Another



SFA leadership serves food to employees during the 5-S recognition luncheon on Nov. 18. Cover photo: CFA Director Aylin Robertson congratulates employees on a job well done during the luncheon on Nov. 23. Photos by Chris Oxley

recent initiative includes the installation of ergonomically designed tool-storage racks with labeling and inserts to allow safe handling. The partnership between the Pipe Shop, Plant Engineering, and Manufacturing Engineering has amazing synergy resulting in a lot of great ideas. Ultimately, the team's goal is to provide a workspace that is worker friendly, safety enhanced with improved efficiency along with the engagement of the shop's workforce."

Manson added, "We really enjoyed the luncheon today. Recognizing people for the good things they're doing goes a long way. We've worked hard to get our shop to where it is today and we appreciate it being noticed."

## Professional Engineer Initiative Continues to Help Obtain and Maintain PE Licenses

Last year, a survey was sent to engineers about current and prospective Professional Engineer (PE) licenses at Newport News Shipbuilding. The license is a means for professional growth, continuing education and preparation for advancement opportunities.

In response to the survey, NNS has begun to offer continuing education courses including Fundamentals of Corrosion for Engineers and Fundamentals of Coatings for Engineers. More courses are planned for the future, including Introduction to Naval Architecture and Shock Hardening for Navy Ships. These courses are free and taken during the individual's own time. To date, approximately 130 engineers have attended the courses

and almost 1,100 continuing education hours' worth of certificates have been provided.

Additional efforts are underway to offer PE exam preparation courses via Old Dominion University for spring 2016. ODU will be offering both Civil Engineering and Mechanical Engineering PE exam review courses scheduled to start the last week in January 2016 to support the spring PE exam scheduled for April 15, 2016. Information regarding continuing education courses and PE exam preparation courses can be found on the PE Community of Practice website. This site also includes frequently asked questions and a PE directory.

### Annual Food Drive to Begin Next Monday

The company will hold its annual food drive to support the Virginia Peninsula Foodbank Dec. 7-18. View the poster on Yardnet.

Look in next week's edition of *Currents* for additional information about the drive.

# Apprentice School's Bass Club Hosts First Open Bass Tournament

The Apprentice School Bass Club hosted its first Open Bass Tournament at Chickahominy Riverfront Park Nov. 1. The event was open to all Newport News Shipbuilding employees and retirees.

A total of 12 boats competed in the tournament. First place went to **Stumpy Newbern** (O98) and **Tim Manning** (X82) who caught five fish weighing 11.88 pounds. Second place went to NNS Retiree **Phil Brewer** and **Lynn Hoeffer** (X84) with 11.67 lbs. Third place went to **Scott Whitmore** (X82) and **Dylan Whitmore** (X43) with 10.90 lbs. Apprentice **Nick White** (X42) caught the biggest fish of the day weighing in at 5.42 lbs.



Pictured (L to R): Nick White, Tim Manning, Stumpy Newbern, Lynn Hoeffer, Phil Brewer, Dylan Whitmore and Scott Whitmore.

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WiSE members paint during end-of-year celebration at Wine and Design in Newport News.

# WiSE Members Attend Year End "Paint Night"

On Nov. 13, more than 30 women enjoyed "paint night" at Wine and Design in City Center for Women in Shipbuilding Enterprise's (WiSE) End-of-Year Celebration.

"It was an awesome time," said **Tina Howell** (O44). "It gave me an outlet to express my creativity in a way that I don't normally get to do. I recommend everyone try it."

Heather Smith (X75) added, "Having the chance to spend my Friday night accompanied by the strong and dedicated woman of WiSE was such an enjoyable experience. We laughed, sang songs and painted some really great art that we could all take home as a lasting memory. I look forward to attending even more events that will help me continue to grow on both a professional and personal level."

Cenise Waits also commented "I recently attended the WiSE Year End event, which was held in Newport News at Wine & Design. The event was very nice and well put together. Aside from the awesome painting, instructor, and facility, the ice-breaker games and prizes, provided by WiSE coordinators, added a personal touch to the event. Thank you to all the members and sponsors of WiSE who helped put together this exciting event.

### Listen for Holiday Military Moments

Newport News Shipbuilding Talent Acquisition is sponsoring holiday messages from U.S. service members to their loved ones, known as "Military Moments" on 2WD 101.3 "The Christmas Music Station" now until Dec. 27. Visit www.huntingtoningalls. com/careers/nnsmm2015.mp3 to listen to a sample message.

# AROUND THE YARD

# Last Chance to Participate in Take an Hour for Wellness

Dec. 1-3 is the last opportunity to participate in this year's Take an Hour for Wellness program. All employees are encouraged to participate in the program and receive a FREE flu shot and/or health screening. Employees that receive both the flu shot and health screening will receive a free tote bag filled with healthy snacks.

Visit the Take an Hour for Wellness website for additional information or to schedule an appointment.

- Tuesday, Dec. 1 (9 a.m. 1 p.m.) at the Clinic
- Wednesday, Dec. 2 (8-11 a.m.) in Bldg. 903
- Thursday, Dec. 3 (7-11 a.m.) at the CMAF

# Congratulations to Level 1 On-the-Spot Ethics Award Winners

Listed below are the most recent winners of the On-the-Spot Ethics Recognition Program Award. The purpose of the program is for employees to recognize other employees who demonstrate ownership of company values and high standards of ethical behavior in their everyday work activities. Congratulations to:

James M. Wright, Jr. (E27), Sharron Berry (X36), Scott Sullivan (X10), John David Sparrer (E14), Larry Bronit (X83), Makeshia Price (O15), Lauren Hamburg (E04), Marvin Hartwick (O46) and Charlie Keys III (O46).

Want to nominate a fellow employee? Complete the nomination form (C-941) and return it to **Catrina Hagwood** (K18) in Bldg. 500-1.

# EAP Services Available to NNS Employees

Newport News Shipbuilding would like to remind employees that Employee Assistance Program (EAP) services are available to employees and eligible family members. Below are services EAP can assist with:

- · Relationship or family problems
- · Alcohol and/or drug-related problems
- Feelings of overwhelming and/or anxiety
- Stress management
- · Divorce and blended family issues

Employees can contact EAP by calling Anthem at 1-855-400-9185. Counselors are available to offer confidential assistance 24 hours a day, seven days a week. Employees can also contact their Human Resources Business Partner (HRBP) for additional information.

### Searching for the Perfect Gift?

As a reminder, discounts are available to all Newport News Shipbuilding employees through the HII Employee Discounts Program. Local and nationwide discounts are available for electronics, jewelry, toys and travel. Find the perfect gift for that special someone by searching the discounts on HII Beneplace.

Questions regarding the program should be sent to discounts@hii-co.com. Happy shopping!

Below is the In-Service Aircraft Carrier Division's latest installment of "Miner Details." Visit the K69 website to view additional engagement comics from the division.



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### **DATEBOOK**

#### **DECEMBER 4**

The African American Shipbuilders Association (AASA) will host its fourth quarter meet and greet themed, "Shining Star Holiday Celebration" at 8 p.m. on Friday, Dec. 4 at Celebrations in Newport News. View the flier for more information. AASA encourages all attendees to bring an unwrapped toy (for a child 12 or under) to be donated to Toys for Tots.

#### **DECEMBER 4-6**

Shipbuilders and their families are invited to enjoy \$20 off level one seats for *A Christmas Carol* at the Sandler Center for the Performing Arts. Call 340-5446 by 4 p.m. Thursday, Dec. 3 to take advantage of this offer.

#### **DECEMBER 10**

The Spear and Gear Toastmasters will hold a meeting from 4:30 to 5:30 p.m. at The Apprentice School (Bldg. 812 - 2 conference room). Parking is located on the top floor of Bldg. 901 parking garage. **Donna Graves** (E25) at 688-6204 or **Rose Brodie** (K75) at 534-3382.

#### **DECEMBER 7**

Women in Shipbuilding Enterprise (WiSE) members and Newport News Court Appointed Special Advocate (CASA) employees are teaming up for the annual Secret Santa project to provide local children toys, books, and clothes. CASA employees work with abused and neglected children who are under the court's supervision throughout the year. Employees interested in sponsoring a child, contact **Becky Webster** (O51). Join WiSE at 4:30 p.m. on Dec. 7 in the Building 520 Lobby for gift collection and a photo (wear your "ugliest" holiday gear). Bring a canned good for the NNS Food Drive and receive a treat following the photo. For questions, contact **Heather Rugnetta** (E86) at 688-0538.

#### **DECEMBER 15**

The Spear and Gear Toastmasters will hold a meeting from 4:30 to 5:30 p.m. at The Apprentice School (Bldg. 812 - 2 conference room). Parking is located on the top floor of Bldg. 901 parking garage. **Donna Graves** (E25) at 688-6204 or **Rose Brodie** (K75) at 534-3382.

#### **DECEMBER 17**

L.E.A.R.N. and SHIPs Network will co-host an after-work presentation by HII President and CEO **Mike Petters** on Thursday, Dec. 17 from 4:30 to 6 p.m. in the Virginia Advanced Shipbuilding and Carrier Integration Center (VASCIC) auditorium. Prizes and refreshments will follow the presentation. The event is open to all employees. Visit the L.E.A.R.N. website to sign up.

### REMINDER: Fundraising and Solicitation

As the holiday season approaches, many departments are making plans to support the local community. The Office of Corporate Citizenship would like to remind all employees that fundraising and solicitations at NNS are governed by Corporate Policy CP H3. Below are tips for staying within the guidelines:

- All fundraisers or solicitations must be approved in advance by **Tom Cosgrove**, manager of Corporate Citizenship. After approval has been obtained, the fundraiser/ solicitation must also be approved by the division vice president over the sponsoring department or the executive sponsor of the sponsoring Employee Resource Group (ERG). Note: Each fundraising or solicitation request is reviewed on a caseby-case basis.
- All fundraising or solicitations must be sponsored by a department or ERG.
   Individual shipbuilders cannot sponsor fundraisers or solicitations.

- Fundraising solicitations cannot be done
  on company time. It must be conducted
  before or after work, during lunch or
  designated breaks, or through flex time
  with supervisors' approval.
- Charitable fundraising and solicitations can only be done for the types of organizations that NNS as a company would support.
   Fundraising/solicitations to benefit athletic teams, religious or political organizations, or individual shipbuilders will not be approved. The benefiting organization must be a 501(c)(3) organization.
- Sales of items outside the shipyard gates are tightly controlled and must be

- coordinated with **Judy Fundak** (K18) through the Department of Corporate Citizenship.
- Fundraisers and solicitations should be limited in duration, allow for safeguarding of funds raised, and can never make employees feel pressured to contribute.
- Approvals of solicitations and fundraisers will require a specific plan. Fundraisers/ solicitations will only be approved for specific dates and programs. Departments/ ERGs will not be given blanket approval for ongoing fundraising/solicitation effort.

**Editor: Lauren Shuck** 

Currents is published every Monday for employees of Newport News Shipbuilding. Visit the archives.



Check Out November "Hot Shots"

View November "Hot Shots" on Yardnet or at **nns.huntingtoningalls.com/photos**. Pictured above: Keel blocks. Photo by Chris Oxley

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# EMPLOYEE CLASSIFIEDS 🏫 🖺 🕻 🎁 🗸 📭 🖵 🖣





















### **AUDIO/VIDEO**

BLACKBERRY BOLD - 9930 NON touchscreen, CAMERA, Verizon. Sprint, & Unlocked. Refurbished, good cond. \$65, charger, cases \$5-10 (757) 285-1145

XBOX 360 - XBOX 360 250 GB, 2 wireless controllers, HDMI cord, remote control, black carry case, \$100 (757) 826-1989



#### **AUTO**

2010 CHEVY 1500 - LT in excellent condition. \$18,000! Blue ext./grey int. 68,000miles. Mega cab! (757) 814-9393

07 HARLEY DLUX - Deluxe custom candy teal blue chromed out, <7 miles, like new, 12K obo, HD Soft Tail (757) 365-1521

TRAVEL TRAILER - 2016 23' Puma RV trailer. used 3 times Excellent condition. valued at 24K asking 19K. (757) 876-3319

1992 CADILLIAC - Brougham, Maroon int/ext lthr, new insp, well maint, garage kept, pics on req, \$3500. 92,000 ml. (757) 869-9031

78' CORVETTE - 24k mi on rebuilt motor, silver runs great, T-tops, no leaks. sting ray body. new inspect text for pics \$10k. (757) 846-8357

2002 BMW 745I - 170k black /grey runs and drives clean title asking \$6,000 obo (212) 920-7137

99 CADILLAC - 99 Cadillac Deville -White Leather Int, AM/FM/CASS, Power Wind, Locks & Seats, Cold AC, 73K. \$3,750 obo (757) 876-2962

95 MERCURY COUGAR - new tires, shocks & structs. \$1,200 OBO (757) 272-5396

1999 RAM 2500 - Quad Cab 4X4,V10 88,530mi. Runs,needs engine work. 4/16 inspection. New wheels/tires. Clean in/out. \$5,000 obo (757) 329-6421

2004 VW TURBO. - 2004 VW Jetta GLI turbo 5 speed manual. Surf rack, loaded with extras. Runs & looks great. \$4,500 obo (757) 218-9331

NISSAN - 04 Nissan Titan SE King Cab Truck Pwr everything,tow pkg, well maintained, 103k miles \$9,000 (757) 868-6900

Auto cont.

99 CADILLAC - Clean Deville, Tan AM/ FM Cass. Power Wind/Locks,Cruise Ctrl,Leather heated seats, Cold AC, minor nicks \$3,500 (757) 342-6977

GOLF CART - Ez Go Electric Golf Cart with Charger, works great! \$1,000 (757) 810-3402

1968 BRONCO - Heavily modified. Blue. Too much awesomeness to list. NP435, 351W, 37" Rockers, Duals. Built 2 wheel. 13k (757) 508-7997

MUSTANG COUPE - 1966, red, black int, 6cyl auto, good cond, runs good, good tires; get him/her a classic for X-mas, \$8,250 ob (757) 334-3925

HARLEY DAVIDSON - 04 Low Rider. New tires; New shocks; Fwd controls; Quik detach sissy bar & windshield & more. 26 k mi. \$7,200; (757) 879-5126

00 VOLVO S80 - Silver 4-door, A/T, leather heated seats, new battery, V6 turbo, 25 MPG, 220K miles, reduced price \$3,100 OBO; (757) 663-9626

TRACKER GRIZZLY - 2011 18.5 Camo Tracker Grizzly W/ 60 hp Camo Merc EZ load Trl Elect troll Mtr very low Hrs \$11,500; (757) 868-0355

1983 CAMARO SS - Black, great shape, low miles, T-tops, new stereo & spkrs, tint, exhaust, lots of new items. \$5k obo (517) 281-6953

1972 FORD LTD - Conv. red ext./white int. new top /boot cover, tires, trans rebuilt, runs great, garage kept.123,000 ml. \$7,500 (757) 869-9031

04 CHRYSLER - Town & Country Limited, 80K miles, New tires & rear brakes, Navy blue for \$4,200 obo. Recent Inspection. (757) 508-0113

01 CHEVY TRUCK - 01 Chevy Silverado LS 1500, short bed, 136K, runs well, \$3,300 (757) 935-5344

#### **BOAT & MARINE SUPPLY**

FORSALE - 23 ft Boat anchor \$25. life vest, rope & boat bumper \$10 each. (757) 688-3233

FOR SALE - 1989 200hp Yamaha Outboard Lower Unit. (757) 784-6128



COMPUTER REPAIR - PC/Laptop Repair, Have Windows 7 or 8 get Windows 10 while it's free. \$85+ parts (757) 329-6761



#### **HOBBIES**

GUITAR CLASSES - No Tryptophan GUITAR CLASSES - No Tryptopnan added to my guitar classes; You won't get drowsy. 1-on-1 (Midtown NN) Wk/bi-wk sched Call/text (757) 528-7017

WOMENS SOCCER - TWSL-Women's Indoor Soccer in Newport News. Registration open from 11/20-1/3. Play Fri/Sun from Jan-March (757) 409-2562

#### **FURNISHINGS & APPLIANCES**

LAZY-BOY - Reclining sofa & matching oversized chair. Excellent condition. Dark Brown color - \$300 (757) 593-0508

LEATHER COUCH - Reclining leather couch, beige, good condition, \$200 OBO. Located north of CNU off of Warwick. (937) 620-0053

DISHES - 1950's Cavalier Sussex designer dish set of 4, black/ white flowers made in USA \$30 (757) 812-9763

COFFEE TABLE - oak wood & glass coffee table w/fold up sides. good condition, text for pics \$40 obo. (757) 846-8357

KEURIG B60 - Used Keurig B60 in great condition. Asking \$100. (757) 592-0677

GARAGE OPENER - Brand new garage door opener, Model #HD930EV from Home Depot. \$239 OBO (937) 620-0053

CRYSTALWARE - Oneida Crystal, Juilliard Ig table bowl, small bowl & 2 candle holders in box \$40 for all. (757) 812-9763 (757) 812-9763

GLASSWARE - 20 Crystal entertaining glasses, cake dish & serving dish \$40 call 757-812-9763 (757) 812-9763

WASHER & DRYER - Whirlpool Set. Clean and in Good Condition. Comes with all hookups. 5 minutes over JRB. Will Deliver. \$325 OB (757) 897-6875

Furnishings & Appliances cont.

SILVER PLATE - 3-tier Oneida Ltd. silver plate cookie/cupcake/desert tower 10" x 18" tall \$20 call (757) 812-9763

DINING TABLE - Cherry wood table great cond with 4 oak chairs. beautiful in style and color. text for pics \$150 obo. (757) 846-8357

BAR STOOLS - metal bar stools with back support. 1 needs little work, text for pics. \$25 (757) 846-8357

PIANO FOR SALE - Upright piano w/ walnut wood finish; has some scratches; needs tuning and minor repair; \$350 OBO (757) 358-2825

GRAND PIANO - Gulbransen Baby Grand Piano \$1,000. Good Condition, Dark Stained Wood, Ivory Keys. Will text or email pics. (757) 647-8859

FUTON - Steel & Chrome, Full size with 8" mattress, EC, \$75. (757) 220-9278



#### REAL **ESTATE**

HOME FOR RENT - Lovely 1300 sq ft 2 BR 2-1/2 BA Townhouse. Pvt gated community across frpm Windward Towers in NN. \$985/ mo. (757) 723-0863

TRAILER 4 RENT - Trailer for rent in mobile home park in Smithfield. 2 bedroom. Deck. Call for other info. (757) 812-2719

LAND FOR SALE - LAND FOR SALE -LAND FOR SALE - 1.3 Acres in York Co. cty water & sewer avail., 5 min. frm I-64, 5 min. frm Y (757) 218-7418

ROOM FOR RENT - Quiet upscale Hampton neighborhood, 10min to NNS,30yo professional, room w/kitchen and laundry privs, \$550/mo (540) 834-8638

RM-RENT IN JAN - Beautiful 2,200 SF 9-room home, 600/mo includes all utilities/ internet/ access-new wash/dry. Plenty of space. (440) 567-2178

ROOM FOR RENT - 440/mo-all inclusive, Looking for female, 12X12SF rm/(private bath), full kitchen access, was/dry in unit (609) 251-2121

CONDO FOR SALE - 2br/2.5ba, 1476 sq ft. Meridian Parkside in NN, all appliances included, garage, pool, clubhouse. \$174,000 (757) 592-0824

RENTAL HOUSE - \$1395/mo.: 4BR/2.5 BA 2-story on cul-de-sac; sunroom; 186 Abbey Ct, NN; near Menchville HS; (757) 873-2111

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Real Estate cont.

HOUSE FOR RENT - 2,200 sq ft with 4 BR and 3 baths. Glendale area of Newport News near CNU. \$1,350 per month (757) 871-9627

DET. TOWNHOUSE - 2Bd,2B plus Bedroom sized loft located in Kiln Creek. Feel Free to View listing on Zillow-819 player Ln. (757) 223-7799

#### **PETS**

CHRISTMAS BUNNY - 5 week old New Zealand Whites. Will sell all new cage, drop pan, water bottle, feeder and 25 #s feed for \$17 (757) 355-0200

ENGLISH BULLDOG - English Bulldog Puppies for sale. AKC reg, vet checked, utd on shots. Ready for Christmas. (225) 921-2782

ROTTWEILER - ROTTWEILER - Well-trained 8-month old, Loves kids & performing tricks. Cage, food, bowl, & leashes.\$325. (757) 344-2315

#### **MISCELLANEOUS**

REMODELING - Call for an estimate on your deck, fence, and home remodeling needs. (757) 256-8131

WOODSTOVE - \$300 Includes all chimney/flutes for install. Very clean; no cracks or dents. Fully functional. Text for pics (757) 771-9574

GUTTER CLEANING - We clean gutters by hand, bag the debris, flush your down spouts and brighten outside Licensed and Insured. (757) 810-5115

CHICAGO BEARS - Signed NFL Authenticated Urlacher jersey (w/papers) in NFL Bears monogram frame \$600 call or text for photo (757) 236-0789

EUREKA VACCUM - Good cond. works well, needs new belt. Asking \$40, bought new for \$100. Call/Text (757)871-7517 (757) 871-7517

STEELTOE BOOTS - Men's size 11 Survivor Steeltoe, waterproof high top boots. \$30, paid \$70. (757) 277-2971

P90X SET - P90X Set complete with all DVDs \$50 (757) 286-2488

ELMO TRAIN SET - Plastic train set. Comes with Elmo and Ernie train cars with all accessories. \$25 (757) 286-2488

BARBIE DOLLS - Barbie dolls unused still in box mostly from the 80s/early 90s. Too many to list. Call or text for list & pic (757) 274-2544

Miscellaneous cont.

CHI BEARS TIXS - 2 hospitality suite tickets to the Chicago Bears vs. Detroit Lions Jan 3 2016 in CHICAGO. Call if interested (757) 632-6115

ENGAGEMENT RING - 1/2 carat engagement ring. Appraised at \$2,000. Make offer. (757) 812-2719

A/C SEREVICE - I would like to give thanks to all my repeat and new customers. Your trust is greatly appreciated. Thank You. (757) 771-3441

MISCELLANEOUS - Heavy Kitchen Table asking \$100 OBO / 1994 Ford E-150 Van Trans good, motor good runs but needs work \$800 N (252) 395-0162

MENS SANDALS - Velcro mens sandals size 10. Good cond. just out grew. \$10 call/text (757) 871-7517

KEROSENE HEATER - Contractor Series 50,000 BTU Bullet Heater. Mr Heater Model # MH50KR. Excellent condition. \$90 neg. (757) 596-2192

NFL TICKETS - Cowboys VS Redskins Dec 7 two tickets - \$450. Please text/call (757) 869-9225

ROOFING/SIDING - Roof repairs and exterior renovations (757) 581-0075

TRAINER - Fully supervised private training fitness programs; all levels. Call Doug in N-News. (757) 930-3372

HVAC SERVICE - A/C maintenance & heat tune ups. Diagnostic \$50, Tune-up \$75. Quality work; great rates! (757) 525-0259

EXERCISE EQUIPM - Elliptical \$50-250 & Exercise bikes \$40- \$250 Treadmills \$135- \$250 ONE \$299 Also 2 rowers one \$225 & ONE \$95 (757) 589-7248

PORCELAIN DOLLS - Brand-named Porcelain Dolls for sale \$25 each/WWE Toddler will set 4 @ \$75 / Bride Doll \$50. Txt me for pic. (757) 532-1205

ITEMS - refrid/freezer 4.3 cu ft in box new \$85 total gym supra many attach \$150 food saver seal system \$100 (757) 589-7248

CLEANING - Holidays are Here, Let me do your cleaning! Depending on the size its \$60 or Less! (757) 880-8519

TREE REMOVAL - Number one in customer service. Commercial & residential. (757) 592-6497

MC JACKET - Mens X-LG ICON leather riding jacket \$200 (ORIG \$500) for picture call or text (757) 236-0789

FIREWOOD - Seasoned and Split Red and White Oak. Will deliver to Williamsburg area, or come pick up. \$90 per load. (757) 508-1603 Miscellaneous cont.

CHILDCARE - M-F,6-6 6wks-up, CPR & First Aid Certified, fun learning, outside playtime \$20 off 1st week, Great Lady! (757) 947-4408

MAKE-UP ARTIST - Certified Make-Up Artistry Services incl: Bridal, Prom, Special Events & More. Will travel (757) 325-5353

HOME GYM - Weider Pro 575 weight system, Olympic bar with 320lbs of steel rubber edged weights. GC, \$300 OBO (757) 220-9278

KEEP 'EM OUT! - Expert pest management, Termite/Bonds, Moisture Control including sand/ poly&Crawl Space Repairs.SY discount! (757) 873-4999

SKIN PRODUCTS - Anti-Aging, Sensitive Skin, Oily/Dry skin, PH correct, Vegan Certified, Botanically based skin care products. (757) 849-3378

CLEANING - Amaezing Detail Co. Free estimates. Residential/ Offices/ Turnovers/ restorations. (757) 719-0774

HOME CLEANING - General home cleaning. Free Estimates. One time or special occasion cleaning welcomed. Licensed & Insured. (757) 371-3904

LAUNDRY DETERG - 5 GAL. Bucket \$35.400+loads. Last 4-6 mo. Liquid H.E. formulated works great; Sweet potatoes, half bushel \$15 (757) 589-7248

ITEMS - Microwaves \$45, Olympic weight bench \$100,NU WAVE OVEN BLACK \$75, patio table 5-chairs \$120, smart glove \$50 (757) 589-7248

MOWER REPAIR - Small engine repair. Tune up's, and Preventive Maintenance end of season. (757) 897-4737

BOOTCAMP - Summer bodies are built in the winter! Saturdays @ 10AM. All ages and fitness levels welcome. (718) 606-5398

JUNK REMOVAL - Junk Removal you point and junk disappears. Free estimates! (757) 810-5115

HANDYMAN - We do all home repairs, painting, yard work & maintenance. Great prices, quality work (757) 525-0259

HOUSE CLEANING - I clean houses in Hampton and Newport news for quality cleaning at discount prices. Call for free estimates. (757) 604-7788

LANYARDS-BEADED - Breakaway for emergencies. Choose your sports teams colors or have it classy w/accents. Call/text for photos. (757) 236-0789

HOUSE WASHING - House, Roof and Concrete Cleaning. Most of our methods are used with less than 500PSI. Licensed and Insured. (757) 810-5115 Miscellaneous cont.

WINE CHARMS - Christmas is coming! Premade Selections Available or Choose Your Charm, Colors and Quantity to customize (757) 236-0789



#### **WANTED**

VAN RIDERS - Van leaving from Belvidere Nc to Chowan,Gates county(Hwy 32) through down town Suffolk to NNS 1St shift. (252) 619-3117

RIDE - Ride needed from the Tabb area of York County. Flexible with schedule. \$100/month (757) 876-2497

SINGLE RENTER - Room for rent in nice quiet Va Beach home. House privil. \$700/month; single owner; call for info. (757) 580-8653

LAWN MOWER - Un-wanted Push mower, blower, or weed eater's. Running or broken will pick up for free. Call (757) 897-4737

MOPED SCOOTER - Un-wanted moped or scooter running or broken. Will pick up for free. (757) 897-4737

WASHER & DRYER - Broken washers & dryers that are in your way. Will pick up for free. (757) 812-2719

TRAILER - Enclosed trailer older model preferred cash paid. (757) 620-4472

MOTORCYCLES - British Motorcycles, parts, basket cases Cash paid, Also any pre 1980 motorcycles or parts. (757) 620-4472

# IN APPRECIATION

SPECIAL THANKS! - To dept E81 for exceeding our United Way Campaign goal! Great job showing that "Ocean Deep Compassion" team!





