



The submarine USS *John Warner* (SSN 785) gets underway on sea trials as part of its post-shakedown availability (PSA). It is the first PSA to be accomplished without having to put the boat into a dry dock for external hull work. Photo by **John Whalen**

NNS Completes *Warner* Post-Shakedown Availability

Newport News Shipbuilding completed post-shakedown availability (PSA) work on the submarine USS *John Warner* (SSN 785). It was the shipyard's first PSA of a *Virginia*-class submarine and the first accomplished without having to put the boat into a dry dock for external hull work. The submarine was redelivered to the U.S. Navy on Aug. 31.

"I could not be more proud of the sailors and our shipbuilders for this tremendous accomplishment," said **Jim Hughes**, vice president, Submarines and Fleet Support. "A PSA requires flexibility, teamwork and an ability to manage growth work. Remaining pierside was a huge challenge, but the team held to the schedule and remained under budget despite significant growth work. We could never have been successful without the strong relationship we share with the *Warner* crew. We faced every challenge as a team, and we celebrate this achievement as a team."

The PSA included combat systems and electronics upgrades, hydraulic plant acoustic improvements and general maintenance on the submarine. One challenge of the waterborne PSA was touch-up painting on the hull. Two dive teams used a coating process that allowed the surface preparation and coating to safely take place underwater.

"The triumph of *Warner's* PSA is unprecedented," said Cmdr. Bert Canfield, the submarine's commanding officer. "Success in these endeavors is not an accident. The environment of mutual support and respect between the shipbuilder and the fine crew aboard the *Warner* existed from the very start and ensured that success was met in record time. The men and women of Newport News are a national treasure, and their hard work returning *John Warner* to sea has directly contributed to our nation's defense. I could not be more proud of my crew, nor of the construction team."



MyTime Launches Sept. 19

MyTime will go live on Sept. 19. All salaried employees who are currently using the Time and Attendance System (TAS) should complete the MyTime training by Sept. 16. For questions and training information, go to Timekeeping Central on Yardnet and MyNNS.

Watch a new video, It's High Time for MyTime on Yardnet.



Vice President of Trades Operations **Ray Bagley** talks with STRIDE members **Heather Smith** (X75) and **Jeremy Bustin** (O29) while shipbuilders visit different booths to learn about STRIDE. Photo by **Chris Oxley**

STRIDE ERG Holds First Kickoff

STRIDE (Shipbuilders Together Realizing Inclusion, Diversity and Equality) held an open house kickoff event on Wednesday, Aug. 17. More than 60 shipbuilders came out to learn about the shipyard's LGBT employee resource group (ERG).

"It was astounding to see so many fellow shipbuilders support STRIDE at the kickoff event," said Systems Engineer and STRIDE Members Chair **Mike Kush** (T56). "The tide is turning for the LGBT community here at NNS and we are elated to be recognized and supported by leadership."

Employees who attended played trivia games to learn more about LGBT history and the purpose behind STRIDE. Many were pleased to find a great network of support.

"Having an ERG like STRIDE shows just how diverse the shipyard is," said Nuclear Engineer **Priya Mohammed-Jones** (E86). "For me, personally, it's important because it allows me to meet other LGBT shipbuilders...transgender shipbuilders in particular...who share my experiences, and to let them know that they don't have to hide; and I am here to help and support them."

Shipbuilders interested in joining STRIDE can email STRIDE_ERG@hii-nns.com.

Wear Red, White and Blue this Friday

Sunday, Sept. 11, marks the 15th anniversary of the terror attacks that occurred in 2001. In commemoration of the anniversary, on Friday, Sept. 9, employees are encouraged to wear red, white and blue to respectfully recognize the significance of the day.

Road Closures on Friday, Sept. 9

The City of Newport News is joining with members of the armed forces to hold a memorial ceremony at the Victory Arch and a parade along West Avenue from 10 a.m. to noon this Friday, Sept. 9. **In preparation for this event, the following streets will be closed to traffic starting at 8:45 a.m.:**

- West Avenue from 23rd Street to 26th Street
- 26th Street from West Avenue to Washington Avenue
- 25th Street from West Avenue to Washington Avenue

Employees working at VASCIC should use the 23rd Street entrance and exit of the parking garage during this time. Other employees in this vicinity on Friday should plan accordingly.



Heart Walk Team Lead **Willie Sears** (X73) registers an employee for his team, the "Sole Survivors." Sears has already registered over 100 participants for this year's Heart Walk. Photo by **Ben Scott**

Shipbuilders Support Hampton Roads Heart Walk

Nearly 65 employees signed up for this year's Heart Walk during their lunch break at the North Yard Applebees on Aug. 23.

When asked why they wanted to participate, **Tanga Williams** (X43) said, "Health is important to me and I registered my family because I want them to understand the importance of heart health as well."

Mark Nichols (E61) also said that the walk is important to him. "My stepfather passed away from heart disease, and since then I have lost 45 pounds and try to stay fit. This will be a fun event for my family and will help raise awareness."

The Hampton Roads Heart Walk events will be held on Oct. 22 at the Peninsula Town Center in Hampton and Oct. 29 at Mount Trashmore in Virginia Beach. The walk is FREE and all Newport News Shipbuilding participants, including friends and family, will receive an NNS T-shirt. There is still time to become a team lead or join an existing NNS team.

Radioactive Material Control Office (RMCO) employee **Willie Sears** (X73) became a team lead last year. "Our X73 team, co-facilitated by myself and **Lloyd Bradshaw** (X73), decided to join the fight to battle heart disease and stroke in 2015. We decided to find a way to come together as a group, increase engagement and support a great cause," said Sears. "We were all affected in some way by a friend or family member who battled cardiovascular disease. All it takes is will, the will within yourself."

To learn more about the events and to register, visit www.HamptonRoadsHeartWalk.org or contact **Amy McDonald** (X71) at 688-6489.

AROUND THE YARD

NAVSEA 08 Security Evaluation Planned Sept. 12-16

Newport News Shipbuilding will undergo a NAVSEA 08 Security Evaluation Sept. 12 - 16. A team of representatives from NAVSEA Security and Naval Reactors (SEA 08) will assess NNS's ability to process and safeguard classified and unclassified Naval Nuclear Propulsion Information (NNPI) in accordance with contractual requirements. The audit will include a comprehensive review of the Classified Information Systems, Cyber Security, Industrial Security and Physical Security programs. View the Top 10 Information Tips for Employees on Yardnet to prepare for a security evaluation. To learn more about protecting business operations and personal information at NNS, view the Operations Security flier on Yardnet or contact **John Forlow** (O15) at 688-0583.



Time Charging - Did You Know?

A certification report is generated when someone other than the employee changes a time record that causes that time to be charged to a different contract or changes the onsite/offsite characterization of that charge.



Employees must be sign by the report to certify the changes are correct, and return to Payroll within two weeks of the report date.

Registration Opens Today for Take an Hour for Wellness

All Newport News Shipbuilding employees are eligible to receive a FREE flu shot and health screening as part of this year's "Take an Hour for Wellness" (TAH) program. TAH, part of HII's "BeWell for Life" wellness programs, will begin Tuesday, Sept. 20, and run through the end of November.



The health screening will measure blood pressure and body composition and also includes a finger stick to test total cholesterol, HDL cholesterol and glucose. All results are 100 percent confidential and are only shared with the employee following the screening. As an added benefit, employees can expect to receive a detailed report which will be mailed to their homes after the health screening.

Employees who are planning to receive a health screening can decrease their wait time by scheduling an appointment in advance via the TAH online scheduling system. Employees who opt to only get a flu shot do not need an appointment. Visit www.huntingtoningalls.com/tah to schedule an appointment or email interactivehealth@hii-nns.com for questions.

Is Your Team Making Progress on Business Outcome Action Planning?

It's that time of year when teams should be evaluating progress made on their business outcome action plans. Both leaders and employees should ensure that the items listed in the plan have been completed or are on track. Teams are also encouraged to discuss if their action items have made a difference in business performance and employee engagement.

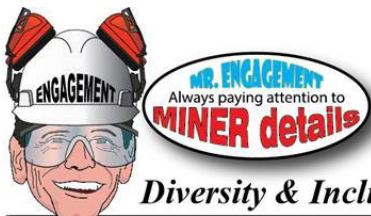
Employees interested in tools available to assist their team with action planning should visit the Engagement website on Yardnet. For engagement-related questions, contact **Bill McHenry** (O34) at 688-1756.

NNS Leaders Share Thoughts on Ethics and Compliance

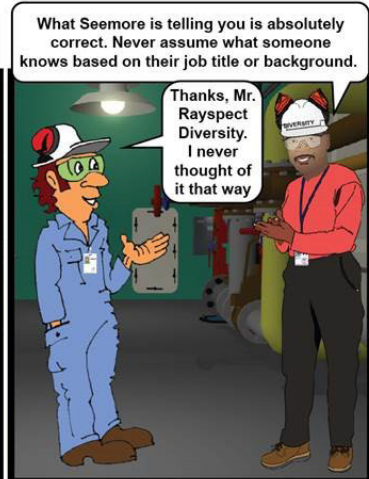
During Ethics and Compliance Awareness Week at Newport News Shipbuilding, the Business Conduct Committee submitted



a series of questions to NNS leaders to share their thoughts about ethics and compliance in the workplace. To view their responses, visit "Ethically Speaking: In their own words" on Yardnet.



Diversity & Inclusion



SAFETY
100% Accountability
0 Excuses

100/0

If not ME, WHO?
If not NOW, WHEN?

QUALITY

As shipbuilders we value the contributions and perspectives that come from all backgrounds, skills and experiences.

DATEBOOK

SEPTEMBER 8 AND 22

The "Spear and Gear" Toastmasters Club will host a meeting from 11:30 a.m. to 12:30 p.m. in the second floor conference room of The Apprentice School (Bldg. 812). The event is open to all Newport News Shipbuilding employees and no RSVP is required. The event will provide a forum for employees to learn how to become more effective communicators and leaders. For more information, contact **Shelly Jefferson**, (X57) at 380-3634.

SEPTEMBER 15

The International Compliance Office will hold Annual Export Training-Basic on Sept. 15 from 9 to 10 a.m. and 1 to 2 p.m. in the VASCIC, Large Auditorium. Register via the Learning Exchange (LX). Contact **Sarah Williams** (O19) at 380-3599.

SEPTEMBER 20

The "Spear and Gear" Toastmasters Club will host a meeting from 4:30 p.m. to 5:30 p.m. in the second floor conference room of The Apprentice School (Bldg. 812). The event is open to all Newport News Shipbuilding employees and no RSVP is required. The event will provide a forum for employees to learn how to become more effective communicators and leaders. For more information, contact **Shelly Jefferson**, (X57) at 380-3634.

SEPTEMBER 23

The Apprentice Alumni Association will be hosting an annual fall golf tournament at Sleepy Hole Golf Course in Suffolk. Cost is \$60 per person which includes green fee, 18-hole cart fee, tournament prizes, food, and unlimited range balls one hour prior to start. Contact **Fred Peedle** (E51) at 688-6682 or visit www.nnapprentice.com/alumni/news.htm for more information.

OCTOBER 7

The Reactor Servicing Department will host its fall Golf Classic at Sleepy Hole Golf Course in Suffolk, Virginia on Friday, Oct. 7. The event will have a shotgun start at 12:30 p.m. with registration beginning at 11:30 a.m. Cost is \$75 per golfer, which includes green fee, cart, unlimited range balls, tournament fee and post-tournament dinner. To RSVP, contact **Gail Sawyer** (X73) at 534-0588 or **BJ Maben** (X73) at 380-3957 by Sept. 9.

OCTOBER 7

In-Service Carriers will host its 13th Annual Aircraft Carrier Invitational Golf Tournament at Ford's Colony Country Club on Friday, Oct. 7. The event is a four man captain's choice format starting at 1 p.m. with registration beginning at 11 a.m. Cost is \$500 per team, which includes golf, driving range, welcome gifts and dinner. Proceeds from the event will benefit the USO. Contact **Bruce Roberts** (K69) at 380-4964 to register.

OCTOBER 15

Save the date for the 2016 Newport News Shipbuilding Submarine Program Golf Classic on Oct. 15 at Cypress Creek Golf Course. For more information, contact **Johnny Mintz** (X67) at 880-8965 or via email at johnny.mintz@yahoo.com.

OCTOBER 30

The Mariners Club will host a fall golf tournament Sunday, Oct. 30, at The Kingsmill River Course. Check-in begins at 7:30 a.m. A buffet breakfast will be available at the golf course from 7:30 a.m. to 9:00 a.m. and the tournament will start at 9:30 a.m. Cost is \$85 per participant or \$340 per team. Mulligan and raffle prizes will be given out and tickets will be available for purchase at check-in. Complete the registration form on Yardnet and return to **Kenny McBurney** (X91) no later than Sept. 2. For questions, contact **Kenny McBurney** (X91) at 380-3659.



Pictured (L to R): NNS shipbuilders **Stephen Blowe** (O54), **William McLaughlin** (E81) and **Randolph Snook** (E81) load pallets with food from building 600 onto foodbank trucks to support NNS' 2015 Holiday Food Drive to benefit the Virginia Peninsula Foodbank. Photo by **John Whalen**

NNS Plans for 2016 United Way Campaign

Newport News Shipbuilding is currently planning this year's United Way Campaign, scheduled to run Oct. 20 through Nov. 4.

This year we would like to give shipbuilders an opportunity to share a personal testimony of how you or your family has benefited from United Way or one of its funded service providers. If you have a story that you're willing to share, simply send an email with a brief summary to UnitedWay@hii-nns.com by Friday, Sept. 16.

United Way's funded service providers include but are not limited to:

- Alzheimer's Association
- American Cancer Society
- American Red Cross
- Boys & Girls Clubs of the VA Peninsula
- Children's Hospital of the King's Daughters
- Lackey Free Clinic
- Make A Wish Foundation
- Peninsula Agency on Aging
- St. Jude Children's Hospital, Virginia
- Virginia Peninsula Foodbank

SEEKING LEADERS

Visit www.buildyourcareer.com for more information on how you can build your career with Newport News Shipbuilding.

Job Title	Requisition Number	Dept.	Location
Mgr. Engineering 2	14196BR	O03	Newport News
Mgr. Test Engineering 2	14044BR	E25	Newport News
General Foreman	13801BR	X79/X42	Newport News
Foreman	14266BR	X82/X18	Newport News
Construction Supervisor	14172BR	X71	Newport News
Mgr. Pricing Cost Est. 3	13921BR	O19	Newport News
Mgr. Programs 3	14237BR	K83	Newport News

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Currents@hii-nns.com
(757) 688-2843

Currents is published every Monday for employees of Newport News Shipbuilding.

To submit a story or classified ad, visit nns.huntingtoningalls.com/currents. For classified ads, the deadline for submissions is 4 p.m. each Thursday for publication the following week.

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Follow Huntington Ingalls Industries on:



EMPLOYEE CLASSIFIEDS



AUDIO/VIDEO

ROTEL PRE-AMP - Rotel 1068 Surround sound processor-7 Channel, 2 Sub Outputs,\$1700 New, Supports many audio formats, \$225 OBO (804) 239-3302

DIGITAL FRAME - Sony digital picture frame. Pics avail. \$80 (757) 705-5235

SECURITY CAMERA - Samsung indoor security cams. Pics avail. Two cams avail. Save to web. \$60 each. (757) 523-5235

PA AMPLIFIER - Peavey 2000W PA amplifier w/hard roller case. Ideal for church, bingo, social hall. \$300, or \$275 w/o case. (757) 813-1781

EXPERIENCED DJ - customized playlists suited for any event, lighting effects & photography (757) 869-1876

46" TV - Samsung LCD Flatscreen. Excellent Cond. Bright Crisp picture. \$200 (757) 537-7054

SAMSUNG 4K UHD - 65 Inch 4K UHD Samsung 6500 Series TV & Blue Ray Player, Never used still in box. \$1,400 (757) 218-7691

AUTO

TIRES - 2 Dunlop Sport Signature 225/45R17 94W has 6/32 tread life left. \$35 for the pair or OBO. (757) 812-2720

2001 FORD TAURUS - Good condition, power everything, silver paint, V6, Good work car,130K \$2000 OBO (757) 303-5989

07 HARLEY DLUX - Chromed-out,<7 miles, like new, 12k OBO, HD soft tail. Custom PT Job, must see to appreciate (757) 365-9694

1931 FORD - Model A Coupe - New engine, transmission, radiator, and tires with many other updates. \$17k. (757) 897-6946

92 CORROLLA - great condition, 140K, new parts throughout, uses no oil, cold AC, Michelins, \$1700. Driven daily. (757) 813-8048

MOTORCYCLE - 23in. removable windshield off a H-D Fatboy. Will fit any Fatboy 1990-2017 and most other softails. EC. \$150. (757) 672-8256

MOTORCYCLE - 2003 H-D Dyna Wide Glide, 55K mi., windshield, saddle bags, luggage rack, mini-ape bars, silver. GC. \$5975. (757) 390-6693

Auto cont.

2004 VOLVO - S60R, fully loaded, automatic, 150k miles, good condition, \$5,500 negotiable. (252) 339-7483

ASE MECHANIC - Vehicle need work? ASE Certified Mechanic, 1/2 price of any quote. Work is guaranteed or its free (757) 240-7838

TIRES AND RIMS - Chrome Rims 6 lugs and tires 265-65-R18, Very good cond. Whls and tires off a 2010 F-150, \$350 OBO, text for pics. (757) 814-1243

YAMAHA FZ6R - 2009. Upgraded Two Brothers full exhaust. 600cc. 9100 miles. \$3,900 (757) 537-7054

HELMET - Scorpion Motorcycle Helmet. Appears to change colors in the light. Size: M. \$95 (757) 537-7054

MOTORCYCLE - Icon Airmada Motorcycle helmet, upgraded Bluetooth headset. Size: XS \$200 (757) 537-7054

JEEP CHEROKEE - 1993 Clean Jeep Cherokee, about 20K mils on professionally rebuilt tranny, well maintained. Asking \$1,700 OBO. (757) 452-8800

BOAT & MARINE SUPPLY

MAXUM CRUISER - 2400 SCR 25ft, <150hrs, Exc. Shape, Sleeps 6, Kitchen, Bthrm, Shower, V8 and New Prop. Includes Trailer \$19K OBO (804) 239-3302

16' JOHN BOAT - Lowes Flat bottom,Very stable in water and a great duck hunting boat. 25 Horse Mercury with shoreland trailer (757) 375-7659

COMPUTERS

HP PRINTER - Pro 6230 wireless printer \$65. New in the box, bought wrong type can't return. (757) 646-3166

COMPUTER REPAIR - Quality computer repair in HR. (757) 325-0433

COMPUTER REPAIR - PC/Laptop Repair, Remove Viruses, Install programs, \$85/Parts (757) 329-6761

HOBBIES

MACHINIST - Battle of Bristol Tickets 3 Seats together Section DW-BB Row 10 \$150 each (757) 812-8321

ACOUSTIC GUITAR - 2007 Martin-DM, Rosewood fret board, Spruce Top, Mahogany back & sides. VGC, case included. \$450 (757) 879-8083

GUITAR CLASSES - The Who "Talkin' about my dream Horatio." Following my ad? Drop me a T. 1:1 Midtown NN flxbl sched Call/txt. (757) 528-7017

DUCK DECOYS - Black Duck Decoys, 12 decoys (6 Males & 6 Females). Only been in water one time. Asking \$100 (757) 570-8727

WHITNEY PIANO - 1966 Upright Spinnet. Great condition! Plays well; photos available, \$200 (757) 218-4903

NEED BRAIDS? - Get your hair braided by the best licensed professionals. Call (757) 827-3282

FURNISHINGS & APPLIANCES

CHERRY ARMOIRES - 2 high quality dark cherry armoires by American Drew. 50W x 76H x 20D. 7 drawers, 3 doors. VGC, \$275 ea. (757) 268-1080

FURNITURE - King HB 90, Love seat 100, 2 leather chairs 225, Entertainment center w/coffee/2 end tables 375, desk 100. (757) 561-3309

CRIB - Graco Stanton Crib in Espresso. Great condition. \$150 OBO (757) 679-8962

GIRLS BED - Princess castle loft bed with ladder and slide. Twin size. Picture upon request. \$300 or best offer (757) 277-5574

COASTAL MIRROR - Beautiful coastal mirror. Rounded top and beveled glass; 45"x39" Cottage Retreat II. Sea Shell white \$75 (757) 870-8168

FLOOR CABINET - Ethan Allen oak wall unit w/pocket doors & several compartments \$195 call (757) 812-9763

COOKWARE - Emeril 10" square grill bottom cast iron pan \$18 call (757) 812-9763

DISHES - 1950's Dishes table setting for 4, Sussex black & cream flower design made in USA \$25 call (757) 812-9763

Furnishings & Appliances cont.

CHERRY DINETTE - Formal Solid Cherry Dining Set - six chairs & additional leaf. E/C, paid new \$2500 asking \$350 (757) 357-5542

FRIDGE/DISHWASH - White Frigidaire appliances in good condition. Fridge \$200/OBO, Dishwasher \$100/OBO. (757) 560-8141

WHIRLPOOL DRYER - Good condition moved and house comes with W/D (757) 553-1736

REAL ESTATE

2.3 ACRE LOT - Gates Co. NC wooded lot 1/2 mile from state line. 400' road front lined with river birch trees (757) 377-0303

HOUSE 4 RENT - 4BR/1BA,W/D, Gas Heat, WH, Stove, Fridge, DW, Inground pool, Foxhill (757) 291-7470

HOUSE FOR RENT - Nice 3bedroom 1Bath Home for rent, Hampton Va, newly renovated kitchen, Big Back yard with shed \$1000 month. (757) 746-5025

RENT TO OWN - Condo in Ghent/Norfolk. 1,200sqft 1BR/1BA incl w/d, pool/tennis access, more. Rent credit avail. \$1.5k/mo (757) 705-5235

HOUSE FOR RENT - 3 BR single-fam house in nice neighborhood. Garage/ recently renovated/fenced in yard/deck/ storage shed/\$1200 (757) 768-0447

CONDO FOR RENT - 2 bdrm, 1bth, 1,000sqft, gated community w/ pool. Close to yard \$850 mnthly. (804) 350-1875

HOUSE RENTAL - Smithfield 3BR-2Bath 1350Sq Ft. 30 mins to yard. Updated floors and appliances. Call or text for info. \$1,100/ (757) 371-4360

HOME FOR SALE - NN Colony Pines, 1,857 SF, 4BR/2.5BA,Cmrr lot, Updated Kit. LR, DR, DECK, Fenced in yard, Shed 2 Car Gar. \$225K (757) 329-4404

CONDO FOR SALE - Second floor condo in Harbour View, north Suffolk. 1,300 sq ft, 2 bedroom, 2 bath. \$160K (757) 774-8188

LAND FOR SALE - 10 acre lots, wooded, septic apprvd, Gates N.C., very quiet and beautiful area. (757) 334-5526

TOWNHOME 4 SALE - Coventry end unit, 1425 sq/ft,2 bdrm, 2.5 ba, 1 car gar,2 car driveway,privacy fence, new appliances/ flrs 195 (757) 846-8357

Real Estate cont.

OBX FALL RENTAL - 3 levels, sleeps 8, Water Views, Rec room with pool table, multi-level deck, on quiet culdesac, \$795 weekly (757) 849-2890

HOUSE FOR RENT - 1400 SQ FT, 3BR, 1 BTH, LR, Eat in kitchen, Den, detached garage w/fenced bkyd, Appliances incld. Text for pics (757) 272-2140

ROOM FOR RENT. - Furnished room with half bath close to shipyard \$125 per week all utls included with Wi-Fi and laundry room. (606) 516-8322

HOME FOR RENT - Nice two story home 4Bed room 2 1/2 bath, dining room, den and 1 car garage in Ashton Green 1875 Sq ft \$1,300. (757) 272-2898

LOG HOME - Smithfield log home on 3 acres det 26x32 gar. 3 beds and 2 full baths with rap around porch. Txt for pics. (757) 592-1100

HOUSE FOR SALE - 3br 2baths Hampton \$135k call today. (757) 828-6932

CONDO 4 SALE - Daybreak, 2bdm/2.5bath, 2stry, 2 blcnys, vltl clngs, walk-in clst, gas fp, completely remodeled, \$104,900 (757) 692-2242

MISCELLANEOUS

PHONE - 1 Phone 6 Otter Box, Galaxy S5 Otter Box w/clip-on, 1 phone 4S Otter Box, Call (757) 329-6761 (757) 329-6761

CHILDCARE - daycare ages 6WKS-6YRS M-F 5:30am to 6pm M-F CPR cert. 1st Aid Cert. pre K program Big back yard outside fun (757) 761-5222

RIDING MOWER - Troy-Bilt Super Bronco Riding Mower, 19hp, 42" Deck w/ Bagger. 1yr old Battery and new blades. \$500 (757) 880-0390

MAKEUP ARTIST - Services incl: Bridal, Proms, & More! Will travel. (757) 715-0969

FIREWOOD - 6X12 trailer load \$125, 1/2 load \$75, Seasoned, Save & pick up or will deliver, cut to specifications (757) 310-4769

SHIPYARD RESUME - Professional Resume for \$50 (434) 203-6537

MISC FOR SALE - 52IN WHITE CEILING FAN NEW IN BOX, \$40, BOWFLEX 1000 HOME GYM ASSEMBLED. \$120. SPINNING BIKE \$150 GC. (757) 291-7470

CRAFTSMAN SAW - 10 in. Stationary Radial Arm Saw Mod: 315.220381. Used very little. \$200 (757) 593-9369

Miscellaneous cont.

CROSSBOW CASE - Plano Manta crossbow case provides storage for scoped crossbow and accessories. Like new. \$75. (757) 593-9369

HOME CLEANING - General home cleaning. Free Estimates. One time or special occasion cleaning welcomed. Licensed & Insured. (757) 371-3904

PEST TERMINATOR - Expert Pest, Moisture Control; Real Estate Letters; Sand, Poly, Under Haus Repairs. All-N-1 Pest Stop (757) 873-4999

ALUMINUM LADDER - Werner aluminum disappearing stairway. Perfect for home or garage. \$50 (757) 870-8168

ENTRY HARDWARE - Baldwin brass entry lockset. Perfect for front entrance. 18" tall, like new. \$50. Paid several hundred. (757) 870-8168

MOBILE MECHANIC - Certified Auto Mechanic. I come to you. Flexible hours. Affordable prices. Contact Dee (757) 352-0622

SHOPSMITH - Power tool wood working system Very Good condition Owners manual incl MSTA \$500 Call 9am-9pm (757) 240-5012

PACKRS-SKINS - Sunday Night Football 11-20 2 tix Sec 121 Row 4 50 yard line 4 rows from field. \$550. (757) 373-3468

COOKWARE - Lodge 9 x 16 reversible griddle on one side grill on the other cast iron cookware \$18 call (757) 812-9763

MEMORABILIA - Eddie Murphy 1986 Program book tour Saturday Night Live Pics signed by Eddie Murphy \$50 (757) 812-9763

BALLOON ARTIST - Call for quote to bring the joy of balloons to your next event. (804) 815-4163

LG STYLO PHONE - 5.6" smart phone, Android, works fine just upgraded. \$50 Comes with case/charger. (804) 815-4163

PRESSURE WASH - Pressure Washing - Decks, Homes, Fences, and more. Competitive Pricing. (757) 581-0075

NICOTINE GUM - Sealed box Nicotine Gum 200 pieces 2mg (757) 619-3336

FERTILIZER - All Natural & Organic Series Fertilizer, for the home gardener or big acreage farmer. All crops and flowers. (757) 408-0502

FOR SALE - size 34/36 waist shorts for sale. Various name brands. Size 36 Carhart jeans. \$5.00 per pair. Excellent cond. (757) 871-4511

MOLCAJETE - William Sonoma mortar and pestle carved from volcanic rock. New never used - \$25. (757) 646-3166

Miscellaneous cont.

STUFF FOR SALE - Floral Comfy Sofa, 5 pc Patio set, coffee table, bike, dog carrier, photo upon request, Best offer accepted. (757) 508-2119

GENERATOR - North Star 2700(2700watts) generator 20amp, Honda, EC, quiet, reliable, first pull start \$250 (757) 618-6015

NASCAR - RICHMO - 6 Tickets for the Sept 10 race. Row 30, Commonwealth, center of Pit Road. \$86 ea. Call Mike at (860) 271-3370

GUTTER CLEANING - We clean gutters by hand, bag the debris, flush your down spouts and brighten outside Licensed and Insured. (757) 810-5115

HOUSE WASHING - House, Roof and Concrete Cleaning. Most of our methods are used with less than 500PSI. Licensed and Insured. (757) 810-5115

LAUNDRY DETERGE - 5 Gal. \$35 bucket liquid laundry deter also H.E, food sealer, water cooler, TORO lawnmower, car buffers, fans (757) 589-7248

ITEMS - Microwaves, patio sets, air compressor, nuwave oven, ionic air purifier, vacuums, carpet shampooer, compact freezer (757) 589-7248

EXERCISE EQUIPM - Ellipticals, stationary bikes, treadmills, total gym xls, row machines, wt set/bench, ab machine, dumbbells (757) 589-7248

AB CIRCLE PRO - Good condition w/ knee pads. Great core workout with minimal space needed, stores easily. Moving \$125 (703) 728-8288

CHILDCARE - M-F, 1st/2nd shift available, FT/PT, CPR & First Aid Certified, low rates, smoke free, Foxhill area (757) 869-1876

LAWN EQUIPMENT - Thatcher \$20 (pull behind lawn mower) (757) 817-3493

LADDER - Werner fiberglass 32' ladder, like new condition. \$150. (757) 817-3493

HOME IMPROV. - Remodel your home interior & exterior. New Construction - From Ground Up. Quality Work. Licensed Contractor. (757) 570-4350

MC TANK BAG - Magnetic Motorcycle Tank Bag. New condition. \$90 (757) 537-7054

MC JACKETS - Medium. 1 Layer. \$60 Two all season motorcycle jackets with 3 layers. \$90 each. Small and Medium. (757) 537-7054

WEDDING DRESS - 1 of a kind. Size 6. \$900. Excellent Cond. (757) 537-7054

CHILDCARE - M-F, 6-6, 6wks-up, CPR & First Aid Certified, fun learning, outside playtime \$20 off 1st wk (757) 947-4408

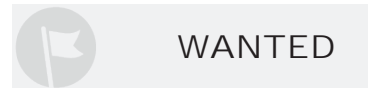


AKC LAB PUPS - Choc Lab pups, National Champ Bloodline, Ready now, 8wks, \$200 deposit, 1st class hunters & pets (757) 778-0962

AKC LAB PUPPIES - AKC Lab pups 2 black female (\$600) 2 yellow males (\$700). First shots, Vet check, parents on premises. (757) 291-8022

DOG WALKING - Dog walking & boarding available in North Suffolk, Western Branch, & Norfolk. Call for more info! (830) 965-5620

MINI EN BULLDOG - 2 Males left. 8 WKS. \$2K Pet Price \$2,500 Full AKC. Very small and cute. 1st shots and de-wormed. (757) 602-8657



LARGE HINGES - Seeking a pair of large gate hinges 12" or greater in length with a barrel width of at least 9". Text picture (757) 869-6312

WASHER & DRYER - Broken washers & dryers that are in your way. Will pick up for free. (757) 617-0100

VAN RIDERS - van comes through King William West Point and New Kent Norge/ Croaker commuter lot (540) 907-5811

VAN RIDERS - Leave Ahoskie 12:55 p.m., pickup in Winton-Gates County (252) 287-7395

RIDERS NEEDED - HRT Van from Va Beach to NNS daily, 1st shift. Leaving Diamond Spring to all gates at NNS. (757) 450-6740

VAN RIDERS - From Belvidere NC, Chowan, Gates County (Hwy32), downtown Suffolk to NNS 1st shift (252) 619-3117

ROOMMATE - Room for rent located in Newport News Near Colony Road and Lucas Creek. Pet friendly. \$550 a month but nego. (757) 232-9280



THANK YOU - To all my co-workers and friends. Especially Mary Lou, Marie and Cindy. Thank for all your help and friendship. Thanks, Barbara

THANK YOU - Rachel was very thoughtful to bring my son a get well soon toy after a traumatic day. Thanks, Josh.