

CURRENTS

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A weekly publication of Newport News Shipbuilding



At the Quality Rock, **Ron Murray**, vice president of Quality and Process Excellence, hands out coins to members of the X67 inspection teams working on *Gerald R. Ford* (CVN 78) for their safety efforts over the last six years. Photo by **John Whalen**

CVN 78 Inspection Teams Recognized for Working Safe

X67 mechanical, electrical and structural inspection teams were recently recognized for working safely aboard aircraft carrier *Gerald R. Ford* (CVN 78). Crews recognized are responsible for inspection of *Ford*'s switchboard, gear and load centers prior to CVN 78's delivery to the U.S. Navy.

"These crews frequently work in tanks and compartments and virtually every area of the ship – including the mast," said **Jerry Campbell**, manager of Test Inspection. "So they are faced with overcoming obstacles everyday in maneuvering to and from the job. By stretching before the start of each workday, sharing near misses during Take 5 Safety talks and looking out for each other, these

shipbuilders have been able to remain accident-free for more than six years."

Master Shipbuilder **Rickie Stith** (X67) believes that teamwork efforts have also played a tremendous role in the crew's ability to remain safe. "We are always looking out for each other, and ensuring that everyone we are working with is wearing the proper personal protective equipment (PPE) and complying with all procedures," he said. "We also make sure that all required materials and equipment we are using is in good working order. If we find something wrong – we stop work."

Inspection Supervisor **Burton Benson** said, "The team is not afraid to speak up when

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Thanks to All Shipbuilders Who Participated in VPP Recertification

During the week of Feb. 9-13, Occupational Safety and Health Administration (OSHA) representatives were on-site to re-certify NNS as a Voluntary Protection Program (VPP) Star Worksite. O27 Health and Safety would like to thank all NNS employees for participating in the VPP recertification process. Results of the recertification will be issued as soon as they are available.

SN3 Appoints New VP of Business Development

Huntington Ingalls Industries announced today that its Stoller Newport News Nuclear (SN3) subsidiary has promoted **Gerald Boyd** to vice president of Business Development. Boyd currently serves as the company's vice president of southeast operations.



Boyd joined SN3—then The S.M. Stoller Corp.—in 2011, managing the company's office in Oak Ridge, Tennessee. In his new role, he will be responsible for guiding acquisition and teaming activities in support of SN3's expanded objectives within the Department of Energy (DOE), Department of Defense (DOD) and other federal agencies and commercial markets.

"Gerald brings a wealth of knowledge regarding the DOE's science, environmental management, nuclear fuel supply and national security programs," said SN3 President **Nick Lombardo**. "We look forward to the benefit of his experience and leadership in further developing SN3's strategic growth."



Shipbuilders "Prepared for Change" at AASA Black History Month Event

The African-American Shipbuilders Association (AASA) hosted its 6th Annual Black History Month Celebration on Feb. 12 in the James River Room of Bldg. 520. An art exhibit that included employee resource group members and shipbuilders from across the yard, music, and spoken word were some of the many highlights of the evening. **Michael Smith**, HII Corporate vice president of Corporate Development -

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CVN 78 Inspection Teams Recognized for Working Safe

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... something is not right. They are good about raising questions – and we encourage it. Safety can never be compromised. It is everyone’s job to own up to it.”

To congratulate the team, **Ron Murray**, vice president of Quality and Process Excellence, presented each shipbuilder with a special quality coin and encouraged them to continue passing along their safety value to other shipbuilders in the yard.

Congratulations to the following X67 shipbuilders: **Michael Karika, Gordon Newberry, Jack Dise, Gene Robinson Jr., Tim Charvat, Steve Ladd**, Inspection Supervisor **Burton Benson, Karen Ray, George Ryalls**,



Pictured: X67 mechanical, electrical and structural inspection teams were recognized by NNS leadership for working safe and promoting safety at work for the past six years. Photo by John Whalen

Jeremy Farley, Inspection Supervisor **Bill Baker Jr., Fred Wilson Jr., Marvin Blizzard, Tim Metzger**, Inspection Supervisor **Josh Holcomb, Brian Johnston II, Kevin Watt, Montez Studwell**, Inspection Supervisor **Derrick Hicks, Dwayne Elliott, Paul Perry, Tommie Whitehead, Pernel Watson, Rickie Stith, Terry Stanley, Paul McGuire, Chuck Tharrington, Brian Scott, Bobby Briggs, Kevin Barnes**, Inspection Supervisor **Pat Johnson, Roosevelt Baker, Chris Jackson, Joseph Cornell**, and Chief Inspection Supervisors **Ray Butler** and **Gary Piccoli**.



ERGs Sponsor “Go Red for Women” Event

On Feb. 5, the African American Shipbuilders Association (AASA), Women in Shipbuilding Enterprise (WiSE), Hispanic Outreach Leadership Alliance (HOLA), and the Veterans Employee Resource Group (VERG) hosted a “Go Red for Women” event at VASCIC. Stroke survivor Gail Alexander-Wright spoke as well as representatives from the American Heart Association and HealthWaves. Attendees were encouraged to wear red to the event to raise awareness and show their support for heart health.

“I thought the Go Red event was excellent,” said **Linda Vinyard** (E68). “Healthy eating was stressed and the importance of how it helps your heart. Many people do not know the bad effects of salt, MSG and sodas – regular or diet. Heart disease is the number one killer of women. With better awareness heart problems can be caught sooner and prevented.”

Pictured: NNS shipbuilders that attended the “Go Red for Women” event hosted by AASA, WiSE, HOLA and VERG were encouraged to wear red to show their support for heart health. Photo by **Chris Oxley**



SAVE THE DATE

The 8th Annual NNS 5K Fun Run/Walk is scheduled for Saturday, May 2 at 9 a.m. to be held at Victory Landing Park (next to VASCIC). Registration will open on March 2.

To get employees ready for the NNS 5K, HealthWaves is offering the “Coach Brady Running Support Group.” Employees who sign up will receive weekly email support with a variety of running information and tips continuing through the NNS 5K. The group is open to all HII and NNS employees, send questions to werun@hii-nns.com or visit the HealthWaves Yardnet website.

Look for more details and registration information the first week of March.

Shipbuilders "Prepared for Change" at AASA Black History Month Event

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...Nuclear and Environmental Services, delivered a message focused on "preparing for change."

Smith said, "Pushing for change within ourselves is difficult and pushing for an institutional change can be even more difficult, but the bottom line is that courage inspires change." He shared examples of the legacy and bravery of African Americans who worked tirelessly to improve shipbuilding culture for all shipbuilders. Smith ended with a call to "invest in ourselves and strengthen our shoulders as a collective so we can be ready to help the next generation."

Oliver Aguilar (E83), HOLA President and participating artist, shared some of his thoughts about the evening: "I've attended the AASA signature event for the past three years and it never fails to inspire and enlighten its audience. The event provided a great opportunity to network with our fellow shipbuilders, obtain professional advice from our senior executives, and admire the hidden artistic talents of our peers."

Front page: Event attendees look at artwork created by NNS employees on display at AASA Black History Month event. On right: HII Corporate Vice President **Michael Smith** delivers a message to attendees. Photos by **John Whalen**



Parking Lot on Washington Ave. Between 45th and 46th Streets to Close Feb. 20

The parking lot on Washington Ave. between 45th and 46th Streets will close at midnight on Feb. 20 to prepare for construction of the Huntington Ingalls's Family Health Center. After that time, parking will not be allowed at this location.

Employees who park at this location are encouraged to park at the Hidens North and North Yard parking lots and to use the shuttle bus service to get to their work sites. To improve accessibility to the Hidens North lot, NNS will add a 15-passenger van that will continuously loop between Hidens North parking area between 5 a.m. to 6 p.m. with stops on

Washington Ave. at 43rd and 50th Streets. Newport News Shipbuilding will continue to monitor demand throughout the day to determine an appropriate level of service and will add resources as needed.

Visit the Parking website on Yardnet to view current shuttle schedules.

Shipbuilders who have suggestions for the Parking Committee are encouraged to send their input to **Communications@hii-nns.com**. All shipbuilder feedback will be reviewed and considered by the committee.



One City Marathon Runner: Colin Meigs

Job Title: Test Engineer, CVN 78 program

Age: 28

Running: One City Marathon

Classification: Somewhere between avid and casual

Biggest Race: OBX Half

Biggest Challenge: Building and maintaining the motivation to train in cold weather conditions.

Running Goal: Maintain physical and mental health.

Favorite areas to Run: Noland Trail, Windsor Castle Park, streets of Carrollton and Rescue.

Social Applications: Road ID, GIPIS and Map My Run.

Strategy: I don't usually set out to run a set distance or try to meet a certain mile pace. I don't follow a specific training plan. If I feel like running farther, I will; if I feel like running faster or slower, I do.

Work Application: It makes me a better shipbuilder by helping me stay mentally and physically healthy. Running allows me to let go and leave my work at work.

Motivation: The feeling I get during and after running, and maintaining my health for my family

Playlist: The Bob Marley Station on Pandora.

Company Involvement: It not only shows that the company cares about the betterment of the employees of NNS, but also the community as a whole. This company is vested in the people of this area, and they're showing it.

Advice: Take the leap. Just sign up for a race and do it. Once you're signed up, you have a monetary investment in the race, which provides a good incentive to run and train for the race. You may end up finding a new, healthy hobby or you may end up not liking it; but you'll never know if you don't try.

DATEBOOK

FEBRUARY 17

The "Spear and Gear" Toastmasters Club will meet from 4:30 p.m. to 5:30 p.m. Bldg. 812 (The Apprentice School) second floor conference room. Guests are always welcome. Contact **Rose Brodie** (K75) at 534-3382 or **Donna Graves** (E08) at 688-6204 for more information

FEBRUARY 17

Beginning Feb. 17, Old Dominion University's College of Continuing Education will be offering a 12-week PMP prep course from 8 a.m. to 10 a.m. The offering is approved for Newport News Shipbuilding tuition reimbursement. For more information, contact **Nita Scarlett** (O35) at 688-5599 or via email.

FEBRUARY 20

The Apprentice Alumni Association will host its annual banquet at 7 p.m. at the Marriot Newport News at City Center. The Class of 1965 will be honored. Social time starts at 5:30 p.m. Tickets are \$40 and are available from AAA delegates or officers and from **Judy Hester** at 688-2512 at The Apprentice School. For more information, visit www.nnaprentice.com/alumni/news.htm. Send an email to Alumni@nnaprentice.com for questions.

FEBRUARY 25

The "Spear and Gear" Toastmasters Club will meet from 11:30 p.m. to 12:30 p.m. in Bldg. 812 (The Apprentice School) second floor conference room. Guests are always welcome. Contact **Rose Brodie** (K75) at 534-3382 or **Donna Graves** (E08) at 688-6204 for more information

FEBRUARY 25

Saint Leo University will hold a Lunch-and-Learn session in the CMAF (Bldg. 1865-1) from 12-12:30 p.m. Contact Michael Godfrey, St. Leo rep, at 249-0390.

FEBRUARY 25

To celebrate Engineers Week, NNS will be participating in Engineering Career Days Feb. 25-26 from 9 a.m. to 1 p.m. at CNU (David Student Union). Contact **Sherri Thompson** (O44) at 534-1990 for more information.

FEBRUARY 26

The "Spear and Gear" Toastmasters Club will meet from 11:30 p.m. to 12:30 p.m. in Bldg. 812 (The Apprentice School) second floor conference room. Guests are always welcome. Contact **Rose Brodie** (K75) at 534-3382 or **Donna Graves** (E08) at 688-6204 for more information

FEBRUARY 28

The Apprentice School Class of 2014 Graduation Ceremony will be held at Liberty Baptist Church (Worship Center) in Hampton. Doors will open at 1 p.m. and the ceremony will begin at 2 p.m. The event is free and open to all shipbuilders.

FEBRUARY 28

Peninsula Engineers Council Banquet is from 6-9 p.m. at NNS in Bldg. 520-6 (James River Room). Visit www.eventbrite.com/e/2015-engineer-of-the-year-banquet-tickets-14865006635 to purchase tickets.

MARCH 11

The International Compliance Office will hold Annual Export Training-Basic from 9-10 a.m. and 1-2 p.m. in Bldg. 520-6 (James River Room). Register via the Learning Exchange (LX) or contact **Sarah Williams** (O19) at 380-3599.

MARCH 26

The International Compliance Office will hold Annual Export Training-Basic from 9-10 a.m. and 1-2 p.m. in the VASCIC auditorium. Register via the [Learning Exchange](#) (LX) or contact **Sarah Williams** (O19) at 380-3599.

MARCH 27

The Progressive Club will host their Spring Golf Tournament at Sleepy Hole Golf Course in Smithfield. Check-in time is noon and there will be a shotgun start at 1 p.m. Cost is \$300 per team. For more information or to complete the registration form. For questions, contact **Kenny McBurney** (X88) at 380-3659.

Celebrate Women in the Navy at the Hampton Roads Naval Museum

On March 4 at 6 p.m., the Hampton Roads Naval Museum will celebrate Women's History Month. The FREE event is co-sponsored by the Navy League Hampton Roads and the Hampton Roads Naval Historical Foundation.

Rear Admiral Ann Phillips (Ret.), the first woman assigned as a Destroyer Squadron Commo-dore, will serve as moderator for a discussion. Panelists will represent important watershed eras for women in the Sea Service, from World War II forward. World War II WAVES (Women Accepted for Volunteer Emergency Service) veterans Judith Hathaway and Isabella Bryant will speak about their experiences in the Navy during the war; retired Chief Jo-Anne Teel will focus on her experiences in the 1970s Navy; and Vice Admiral Nora Tyson, the first woman to command a U.S. Navy carrier task force, will be on hand to speak about today's Navy.

Reservations are required. To make a reservation for this event, call (757) 322-3108. Reservation deadline is Feb. 27. Military attire for this event will be Service Dress Blues and civilians; business attire. For questions, contact Laura Orr at laura.l.orr@navy.mil or call 322-3108.

The Hampton Roads Naval Museum is located at One Waterside Drive, Suite 248, Norfolk, Virginia 23510 (level 2 of Nauticus).

Opportunities Through the Career and Professional Development (O44)

The Dale Carnegie Course:

(Effective Communications and Human Relations): 12-week course, where students learn to strengthen interpersonal relations, manage stress and handle fast-changing workplace conditions. Course focused on people/leadership skills, controlling stress and worry, memory development, and improving self confidence.

High Impact Presentations:

Two-day course, for anyone who speaks in front of groups. Students learn to develop a central theme, structure presentations, persuade the audience with facts and examples and lead effective question/answer sessions.

Visit the O44 Yardnet website for information about the courses available. Contact **Kimberly McCrum** (O44) at 380-4706 or **Tina Howell** (O44) at 380-7898 for questions.

SEEKING LEADERS

Visit www.buildyourcareer.com for more information on how you can build your career with Newport News Shipbuilding.

Job Title	Requisition Number	Dept.	Location
Supervisor Material Handling 1	9008BR	O53	Newport News

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Currents@hii-nns.com
(757) 380-4622

Currents is published every Monday for employees of Newport News Shipbuilding. Visit the archives.

To submit a story, visit nns.huntingtoningalls.com/currents. The deadline for submissions is COB Wednesday for publication the following week.

THE NEWPORT NEWS



PRESENTED BY
Newport News Shipbuilding
A Division of Huntington Ingalls Industries

3 Ways to Participate. Run. Cheer. Volunteer.

PRE-RACE SCHEDULE

HEALTH & WELLNESS EXPO

PRESENTED BY RIVERSIDE HEALTH SYSTEM

FRIDAY, MARCH 13 FROM 12:00PM - 7:00PM
FRIDAY, MARCH 13 & **FRIDAY, MARCH 13** FROM 5:00PM - 8:00PM
FRIDAY, MARCH 13 FROM 12:00PM - 7:00PM & **FRIDAY, MARCH 13** FROM 5:00PM - 8:00PM
AT THE NEWPORT NEWS MARIOTT AT CITY CENTER

FRIDAY NIGHT KICK-OFF

FRIDAY, MARCH 13 FROM 5:00PM - 8:00PM
AT DOWNING-GROSS CULTURAL ARTS CENTER

RACE DAY SCHEDULE

RACE EVENTS

NEWPORT NEWS ONE CITY MARATHON & MARATHON RELAY

START TIME: 7:00AM | START LOCATION: NEWPORT NEWS PARK

MARITIME 8K

START TIME: 7:45AM | START LOCATION: WEST AVE. & 24TH ST.

NAUTICAL MILE

START TIME: 10:00AM | START LOCATION: WEST AVE. & 24TH ST.

ONE CITY, ONE CELEBRATION

FROM 8:00AM - 4:00PM AT VICTORY LANDING PARK

MARCH 15, 2015
WWW.ONECITYMARATHON.COM



EMPLOYEE CLASSIFIEDS



AUDIO/VIDEO

WEDDING DJ - Professional MC & DJ. Dance lighting included. Book Web/phone (757) 356-1166

EXPERIENCED DJ - Professional DJ/MCs that are Licensed & Insured. Book your event today (757) 420-4200

DJ - Experienced & light on the wallet! Weddings & other occasions. Large music library & dance floor lighting. (757) 870-9359

EXPERIENCED DJ - customized playlists suited for any event, lighting effects & photography work! (757) 869-1876

SMART TV - Samsung 55" 1080p LED Smart HDTV w/ConnectShare. \$500 firm (retail \$1,900); Pick up. (757) 218-0716

WEDDING DJ - Professional MC & DJ. Web HamptonRoadsDJ or call for the time of your life. (757) 621-0464

FLAT SCREEN TV 15 INCH/ DVD COMBO - \$75 FLAT SCREEN 19 INCH /DVD COMBO \$85 FLAT SCR-46 IN TOSHIBA \$350 (757) 589-7248

DJ - Gauranteed to Rock it and I wont break your pocket. All genres of music. MC, lights & fun fun fun! (757) 632-9929

PLAYSTATION 3 - Playstation 3 Slim version 120GB plus 2 controllers and games available (757) 593-3557

ACOUSTIC BASS - Dean fretless acoustic bass guitar with preamp, Nylon strings. Excellent condition. (757) 879-1842

AMPEG SVT STACK - Ampeg SVT3 PRO and Ampeg SVT410HLF for sale with SKB 4U Rack Case and Furman Power Strip. Good condition. (757) 879-1842

AUTO

1990 GMC SUBURB - Suburban, fair cond.,great work veh. current insp.,161,000mi., 2X2,a/c, tow pckg., \$2500 OBO, after 5pm (757) 846-3499

24 INCH RIMS - 24 Inch Borghini B14 rims, 6 lug Uni, Minor dings,about 80% or better tread on tires 1500 Obo text for pics (757) 332-1952

1970 VW BEETLE - Excellent condition. Restored inside and out. \$7,495 obo. Call for more information. (757) 868-8050

02 VW PASSAT - Good cond. 150,000mi. 1.8 gas turbo, auto, heated leather seats, sun roof, monsoon stereo. \$3,900 before 8pm (757) 369-3535

2005 HONDA - 2005 honda civic 5spd 170k norfolk.craigslist.org/cto/4879341969.html 4,000 or text (757) 232-1299

TRAILER HITCH - Curt Trailer Hitch (New W/ Hardware) Fits Dodge Ram 1500 1980-2001 \$125. OBO (757) 897-4737

TRACTOR - Ford Fieldmaster 641, 3 point hitch, 5 foot blade, strong hyd & clutch, \$2,700 (757) 865-0466

GOLF CART - 02 CLUB CAR IQ 48 VLT, Fully recndtnd, brand new seat, light kight, sctm paint \$3,800 (757) 449-6708

2006 ACCORD V6 - Rare 06 Accord V6 Sedan with 6speed trans! Leather heated seats, moonroof, 6 disc, power everything. \$9400 obo (610) 613-6715

CAMPER - 2011 Sabre, 35 foot fifth wheel, 31 ckts, 3 slide outs, fireplace, \$27,500 (call or text (804) 815-0455

99' AUDI A4 AWD - FULLY loaded,rare terracotta interior,heated seats,TONS of new parts,current insp,lowered, wheels! 123k miles (757) 503-9861

VICTORY - 2013 Victory 8Ball, less than 2K miles, Garage kept, extas added serious inq. for pic call/text (757) 236-0789

Auto cont.

SUZUKI - Cobra Luggage rack (may fit any Suzuki) was for M109R, \$50 for pic (757) 236-0789

CHEVY TAHOE - 1997 Chevy Tahoe/140,000 Miles. \$1,000 or best offer. (757) 365-4726

MOTORCYCLE - 02' Fatboy 15,000mi Pearl White V/H pipes lots of chrome and extras. Garage kept.\$10,500 OBO serious inquirie (757) 592-1100

WHEELS & TIRES - Chrome 18" wheels & tires \$400 OBO. All are in great condition. Pix can be provided. (757) 503-1523

HARLEY FORSALE - 2000 dyna wide glide 5000 miles loaded 7000 firm pearl white garage kept. (757) 223-0311

99 HONDA CIVIC - Silver EX Cpe. New AT, tires, AC, starter, tune-up. 0 mods. 235kmi daily driver. Pics avail \$2,800 (757) 705-5235

2011 BMW 328XI - Great condition. Recently Detailed. Blk Extr. Blk Leather Int. 90k Miles. \$18k OBO. Call or text (516) 445-8065

FOR SALE - 08 SUZUKI - Grand Vitara Clean, well maintained, compact SUV 79,000 mi; \$6,750. Please Text instead. (757) 592-7670

TRAILER - 1988 Starcraft 21 Foot Trailer. \$2500 or best offer. (757) 365-4726

06 TRAILBLAZER - Chevy Trailblazer LS 4X4, 99K Miles, Towing Pckg, White, DVD sys, New Inspection, Clean, Asking \$8,600 OBO (804) 693-0687

09 PT CRUISER - touring edition, non-turbo, auto, silver, 50K miles, non smoker, no pets \$6000 FIRM call 9am-9pm (757) 850-3568

1990 GMC SUBURB - Suburban, fair cond.,great work veh.current insp.,161,000mi.,2 wheel drive,a/c,tow pckg., \$2500, after 5pm (757) 846-3499

BOAT & MARINE SUPPLY

20'SHAMROCK'83 - Cuddy, T-top, trailer. Newly rebuilt 351 inboard w/ < 15 hours. Real nice bay boat \$10,500 (757) 369-3535

COMPUTERS

iPAD AIR - 16GB Apple Ipad Air and case. Like new. Pics Available \$200 OBO (757) 293-8194

HOBBIES

GUITAR CLASSES - Did flowers/chocolates do it? No? Gift them with classes then. 1-on-1 (Midtown NN) Wk/bi-wk sched. (757) 528-7017

SHIMANO BIKE - Shimano Mnt Bike ridden twice new gel seat. \$120 Call/text for pics. (804) 815-9493

FURNISHINGS & APPLIANCES

SOFA LOVE SEAT - Both recline. light color cloth, fair condition \$100 for pair \$50 for each. (757) 303-5989

FREEZER - GE - Freezer - White Frost Free. Large. Works great. \$275 Call or Text (804) 815-5539

REFRIGERATOR - Kenmore Refrigerator, White, excellent Condition. \$65 (757) 888-2545

POOL TABLE - 8ft slate Victorian style pool table. Needs refelting. Comes 2/ balls,racks & cover. \$600. 757-449-6771 (757) 449-6771

QUEEN SIZE BEDR - Hardwood Queen size headboard & frame, chesser, dresser, mirror and two touch me nite stands - like new. \$900 (757) 724-1623

FURNITURE - Sofa chair \$50, antique dresser \$300, hardwood desk/shelves \$200 (757) 759-2549

Furnishings & Appliances cont.

CURIO CABINET - Curio Cabinet All Wood/glass doors,inside light.Very Nice.\$100 OBO (757) 810-3010

GREAT BUY - Antique corner tall knick knack shelf. \$65 (757) 810-3010

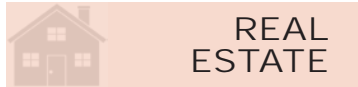
GREAT BUY - Large solid wood dining room suit.Includes table with 6 chairs,china hutch and buffet.Good condition.\$800 OBO (757) 810-3010

GRAND PIANO - Gulbransen Baby Grand Piano for Sale. \$2,000 OBO. In great condition. Dark stained wood. Will email pics. (912) 272-3816

FURNITURE - Complete living room/ Dining room furniture. Like new condition. Must see. Priced to sell. (757) 688-8802

ENTER. CENTER - Large entertainment center, adjustable shelves, sliding doors, 78"(H)x46"(W)x21"(D), pic available, \$95 (757) 483-1043

DRESSER - WOOD - Large Dresser with Mirror. Real Wood. Medium. \$50.00. Call or Text (804) 815-5539



HOUSE FOR RENT - Denbigh area NN. 4BR/ 2BA/ FP/ Attached Garage. \$1000/M with \$1000/D. 13357 Warwickspings Drive (No Pets) (757) 874-7966

LAND FOR SALE - 50 acres Land Morgan County, Kentucky. 7 of the 50 acres is farm land with a stream and great fishing. \$55000 (757) 508-2781

HOME FOR SALE - Move-in Ready, 3BR/1BA near Langley. Completely Remodeled, Security System, 15 min from Shipyard. Only \$115K (757) 355-2007

TOWNHOMEFORRENT - \$975. Remodeled home with two master beds and two full baths. 602 Hollomon Dr (757) 880-2948

CONDO FOR SALE! - Meridian Parkside.3BR/3.5BA. SS appliances,2Car garage,2nd FL Deck,washer/dryer.\$225K (Berkshire Hathaway) (757) 912-6308

HOME FOR RENT - NORFOLK 3Bdrm,Lg Bath,Garage,LR, DR,Lg Den w/cath ceil. Hardwood Flrs,Cent AC,WDHU,Bg Yard, Great neig.No Pet (757) 340-6653

Real Estate cont.

HOUSE FOR RENT - 2BR/1BA House for rent. 9 mins from Shipyard. 1,102 sq ft, det garage, deck, fenced yard, hot tub, W/D incl (224) 567-0433

MOBILE HOME - \$48,500 3BD 2BA, built in 2008, 1200 sqft, whirlpool, 2 walk-in closets in master, Nr Ft. Eustis (757) 218-7173

HOUSE FOR RENT - Nice 3bdrm 1.5ba rancher lg fncd yd in quiet cul-de-sac Hpt. Close to NNS, shopping, schools \$950. (757) 325-7163

ROOM FOR RENT - Roommate To share 3bdrm home in Menchville area \$500 mth all util & wifi incld. Ser Inqyr only (757) 715-9291

HOME FOR SALE - 3BR/1BA 1,074 sq ft, det garage, rear deck, fenced backyard, all appl, Hilton School District \$123K (757) 869-2550

RENTAL CLEANING - Need a property clean before sale/rent? Experience with local rental agencies.lic/ins (757) 867-3266

HOUSE FOR SALE! - 224 Apple Ave. \$120k. 2Bed/1B, gutted and remodeled, almost everything is new! Granite and Stainless (757) 880-2948

MISCELLANEOUS

EXERCISE EQIPMT - Ellipticals \$50-150 & exercise bikes \$40-150 recumbent Gym quality stair stepper \$299 & small stepper \$50 (757) 589-7248

TIG WELDER - Tig and stick welder (540) 872-1845

DEW RAGS (CAP) - NFL CAPS \$10.00 (757) 639-6828

CHICAGO BEARS - Signed NFL Authenticated Urlacher jersey (w/papers) hung in NFL Bears monogram frame. \$600 OBO (757) 236-0789

FINANCE - Free/open to public. Learn investing, tax laws, retirement, buy home. 2/19 @6:30pm Chesapeake, RSVP 334-2958 (757) 223-1313

CONCERT - Black History Concert: February 28th 4pm: Carver Memorial 830 25th ST. NN (757) 244-3893

Miscellaneous Items cont.

TRIMMER/EDGER - Blade, not string, attachment, used once. Txt for pic & price (757) 310-2738

LIGHT FIXTURES - oil rubbed bronze light fixtures, 3 ornate, chandelier, 2 flush mounts, txt for pic/price (757) 310-2738

CORNHOLE BOARDS - New, standard size boards made with birch plywood and 2x4 frame. All joints are pocket drilled. \$100 (757) 869-9096

A/C SERVICE - Keep your sweetheart warm. Clean and service your heat pump.February special.Call for details (757) 771-3441

LAWN/YARD CARE - Crepe Myrtle/Bush Trimming*Mulch Flower Beds*Leaf/Debris/SNOW Removal*Mowing*Weed Control*Landscaping (757) 871-4589

CLEANING - Professional residential/commercial cleaning.No job too big or small.10yrs experience,lic/ins 20hr (757) 867-3266

TREE REMOVAL - Free estimate. Great customer service! (757) 592-6497

CHILDCARE - M-F, 1st/2nd shift available, FT/PT, CPR & First Aid Certified, low rates, smoke free, Foxhill area (757) 869-1876

SHOPPING TRIP - Shop Til U Drop Arundel Mills-Hanover Maryland March 28, 2015 Bus Leaves BJs-Parking Lot 7:30am Cost \$50 (757) 281-0035

PIANO - Piano w/seat 1950's model.\$100 OBO (757) 810-3010

SKINS GIFT CARD - Redskins Gift cards, \$150 Value for \$85 Each. Call/text after 6 PM (757) 729-3093

WATCH, MENS - Luminox F117 Nighthawk. All black. Bright dial markers. Sapphire glass. Rubber strap. Solid. Have pics. \$200 (757) 618-4240

CHILDCARE - M-F 6AM-5:30 PM, FT-PT 20+ yrs exp. OY.PT, reasonable rates. (757) 249-2624

DUMBBELL SETS - DUMBBELL SETS - That are changeable 40 lbs -\$65, 50 lbs -\$75, 70 lbs -\$100, all chrome set 25lbs -\$65 (757) 589-7248

FREEZER - GE - Freezer by GE. White Free. Large. Works perfect. \$275. Call or text. (804) 815-5539

TAKE CONTROL - AdvoCare 24-Day Challenge gives you tools to take control of your health. 4 more info call (757) 871-8987

JETS JERSEY - Darrelle Revis Home Green Jersey. Sewn on numbers. New w/ tags. Size 52. Reebok Brand. \$30 OBO. Call or Text. (757) 472-9311

RAVENS JERSEY - Ray Lewis Home Purple Jersey. Sewn on numbers. Like New. Size 54. Reebok Brand. \$60 OBO. Call or Text 4 pics. (757) 472-9311

PIANO - Upright Piano. All working keys and pedals. Well maintained. \$475/obo. (804) 815-5539

WEDDING DECOR - Tying the knot? I can help. Silk bouquets, centerpieces, pew bows,candy buffets and more. Free consultation. (757) 206-3386

HELPING HANDS - General home cleaning. One time or special occasion cleaning welcomed. Licensed & Insured. Free Estimates. (757) 371-3904

TAX PREPARATION - Owe Taxes and Overcharged? Call a professional for an appointment 757-869-4450. Prices start at \$35. (757) 869-4450

FOOD DELIVERY - Want Chipotle, Chick-fil-a, Panera Bread & more? We Deliver! Mon-Fri (757) 926-5519

BREAST PUMP - Medela Pump In Style Advanced, double electric breast pump. Brand new, still sealed in box; \$210, call/text (757) 332-4649

FIREWOOD - FIREWOOD - Unseasoned-Hardwood split, truck load \$100. Round wood, truck load \$80. Delivery \$\$\$. (757) 870-0573

JANITORIAL - stripping&waxing floors office cleaning&power washing&carpeting cleaning ect. (757) 503-0934

PAINTERS - South Side and Peninsula Custom Residential and Commercial painting. (757) 327-9656

LEATHER JACKET - New England 1XL, 49NERS 1XL, & Broncos 2XL. All are \$150. each OBO. All are in excellent condition. (757) 503-1523

COLTS JERSEY - Reggie Wayne Home Blue Jersey. Sewn on numbers. Like New. Size 54. Reebok Brand. \$60 OBO. Call or Text 4 pics (757) 472-9311

Miscellaneous cont.

HANDYMAN - Call for a free estimate on fixing all of your home's problems. (757) 256-8131

TWO TOOL BOXES - Two tool boxes with lots of tools (540) 872-1845


 FREE ITEMS

FREE DIRT/MULCH - Have dirt/mulch mix from getting tree stumps ground in my yard. About a trailer or 2. Bring & haul away (443) 880-3949

 PETS

AQUARIUM - 35 gallon fish aquarium with stand and extras \$35 (757) 810-3010

SISCO-HUSKY MIX - Two yr, 40lb, NM, utd vaccines, microchip fun loving pup at Animal Aid Society Hampton. Visit daily 9-noon. (757) 865-0511

 WANTED

SHOE DRIVE - Collecting gently used/new

Wanted cont.

ROOMMATE WANTED - To share 3bdrm home in Menchville area \$500 mth all util & wifi incld. Ser Inqry only (757) 715-9291

SHOES! - Now Accepting! Gently used/new shoes all sizes for non-profit org. Pick up available! Spread the word (757) 434-6320

ROOM MATE - Roommate to share 3bd 2bth house in menchville area \$100/wk utilities included wifi, Fios etc. Call/text (804) 815-9493

shoes for a fundraiser. All shoes are welcome,kids,men&women. Call/textfor pick u (757) 570-7499

Wanted cont.

WASHER & DRYER - Broken washers & dryers that are in your way. Will pick up for free. (757) 812-2719

SMITHFIELD ROOM - master bedroom and master bath access to everything with all utilities 150 a week (757) 871-3986

VAN RIDERS NEED - Van leaving from Belvidere,Chowan,Gates County(Hwy 32)to NNS 1st shift. (252) 619-3117

DRIVE ACTION TO IMPROVE PERFORMANCE



- Support CVN 72 Redelivery of OCTOBER 16, 2016 by:
- Identifying Redelivery Opportunities and Implement Lessons Learned with Focus on
 - > Safety
 - > Schedule Impact
 - > Cost Performance
 - > Technical Products
- CVN 72 Participant Luncheon will be provided for all "VALID" Opportunities and Lessons Learned submitted between now and Feb. 2, 2015 – Feb. 27, 2015 that will improve our chances to meet our 42½ month redelivery.

"I do the very best I know how - the very best I can; and I mean to keep on doing so until the end."

- Abraham Lincoln

**CONTACT CHERIE POWELL (0-2046)
OR DJAVON ALSTON (8-3360)
CVN72LESSONSLEARNED@HII-NNS.COM**

