

# CURRENTS

1 | 11 | 2016

A weekly publication of Newport News Shipbuilding



Main Machine Shop Assembly team stretches before beginning work Jan. 11. Photo by Ricky Thompson



## NNS' Inclusion and Diversity Campaign Kicks Off

Newport News Shipbuilding is committed to being open-minded and embracing the differences of all individuals. It's how NNS does business and it helps generate new ideas and different ways of building the greatest Navy ships in the world. The video released last week ([nns.huntingtoningalls.com/employees/pub/videos](https://nns.huntingtoningalls.com/employees/pub/videos)) is a first step in this journey as NNS begins honest conversations about how and why we may exclude people, even when we don't realize we are doing it. This week, banners defining inclusion and diversity will be hung at NNS' shipyard gates.

Have an experience or comment you would like to share? If so, contact **Jeremy Bustin** (O29) via email or at 380-4384.

## NNS and ODU Sign Memorandum of Understanding

Newport News Shipbuilding and Old Dominion University (ODU) signed a memorandum of understanding to collaborate in areas of research, design, testing and experimentation.

The document, signed Dec. 21, 2015 builds on a decades-long alliance between the university and NNS.

"This memorandum of understanding represents a commitment to collaborate on research and design," said ODU President John R. Broderick, who noted areas such as power and energy technologies, platform design technologies including surface and sub-surface, and modeling and simulation are of significant shared interest between the institutions. "It's equally important for me today to share the podium with **Jennifer Boykin**, who is a pioneer for women in the engineering profession and has been very involved with us on our campus."

CONTINUED ON PG 2

## NNS Continues to Improve Safety Performance

For the past three years, Newport News Shipbuilding has continued on a downward trend of reducing accidents throughout the shipyard. Last year, injuries were down by 18 percent. NNS' Environmental, Health and Safety (EH&S) Department attributes this success to the company's continued commitment to its health and safety programs.

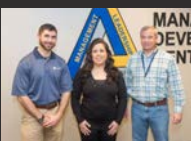
"We continue to demonstrate that we can significantly reduce injuries at the shipyard through intensive effort and focus on taking responsibility for not just our own safety but also for each other's safety," said **Amy Guerin**, NNS Health and Safety manager.

Last year was the first year in NNS' history that all production employees participated in

"Shipbuilder Strong," a daily exercising program designed to increase strength and flexibility and prevent soft-tissue injuries. The exercises are simple, yet functional, and relate to the employees' daily work activities by improving strength, flexibility and balance.

NNS employees across all trades, programs, and shifts also participated in efforts to identify and test personal protective equipment (PPE) that is better sized, more comfortable, more compatible, and more effective than equipment previously used. As a result of employee trials and input, NNS tool rooms are now offering several new types of equipment, including new ear muffs and multiple styles of knee pads.

CONTINUED ON PG 5



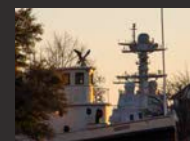
First Engineering Supervisors Complete ELS Program.

... READ ON PG 2



Represented Employees Receive New Anthem Blue Cross Cards.

... READ ON PG 3



Have You Checked Out January Hot Shots?

... READ ON PG 3

## First Engineering Supervisors Complete ELS Program

Congratulations to **Helena Haltiwanger** (E19), **Charles Klein Jr.** (E25) and **John McKone III** (E82), for being the first three engineering supervisors to complete the Engineering Leadership Standards (ELS) Program.

In 2014, the Engineering and Design and Nuclear Propulsion Divisions, in partnership with the Management Development Center, established a formalized coaching and mentoring program for all new first level supervisors. The ELS program is designed around the key leadership and management responsibilities of an engineering supervisor. It is a framework for engineering managers to coach and mentor new engineering supervisors in how to be a technical leader within their area of responsibility (AOR) and to lead and manage



Pictured (L to R): **John McKone III** (E82), **Helena Haltiwanger** (E19) and **Charles Klein Jr.** (E25). Photo by **Chris Oxley**

a team of engineers. The months-long program culminates with participants presenting before a board of engineering managers, where they respond to a variety of leadership and management questions and scenarios.

The ELS Program is one more example of Newport News Shipbuildings' commitment to enhancing the skills of its leadership team.

## Congratulations Ethics On-the-Spot Award Winners

Listed below are the most recent winners of the On-the-Spot Ethics Recognition Program Award. The purpose of the program is for employees to recognize other employees who demonstrate ownership of company values and high standards of ethical behavior in their everyday work activities. Congratulations to the following employees: **Ronny Davis Jr.** (X33), **Traves Ashlock** (X33), **Devon Gallagher** (E81), **Rodney Walker** (X33) and **John M. Neal** (X36). Want to nominate a fellow employee? Complete the nomination form (C-941) and return it to **Catrina Hagwood** (K18) in Bldg. 500-1.

## NNS and ODU Sign Memorandum of Understanding

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Boykin, NNS vice president of Engineering and Design, said in her remarks that the company takes tremendous pride in its long-standing... partnership with the university. "We are excited about our relationship going forward with Old Dominion," she said.

Boykin said in order for NNS to meet its challenges, it requires a steady stream of engineers, trained in state-of-the-art engineering disciplines.

At the undergraduate level, ODU and The Apprentice School at Newport News Shipbuilding introduced Bachelor of Science programs in mechanical and electrical engineering for Apprentice School students.

Part of the impetus for the formalized MOU between Old Dominion and Newport News Shipbuilding was the creation in 2014 of the Naval Engineering and Marine Systems Institute (NEMSI) at the Frank Batten College of Engineering and Technology.



Pictured (L to R): **Don Hamadyk**, NNS E&D director; **Ray Montgomery**, NNS E&D director; **Oktay Baysal, Ph.D.**, ODU Dean of the Frank Batten College of Engineering and Technology; **Morris Foster, Ph.D.**, ODU vice president for Research; **Jennifer Boykin**, NNS vice president of Engineering and Design; **Jennifer Michaeli**, director of ODU's Naval Engineering and Marine Systems Institute; and ODU President **John R. Broderick**.

The areas of collaboration between Newport News Shipbuilding and Old Dominion extend far beyond engineering, said Morris Foster, the University's vice president of research. Foster hopes the MOU is the inspiration for further developing those ties.

"We have already been doing many exciting things with ODU Engineering, including a student project, a graduate cohort for Controls, and a professional engineer course, and this MOU will take our relationship to the next level," said NNS Director of Engineering and E&D's ODU Champion **Ray Montgomery**.

## AROUND THE YARD

### NOTICE: LX Upgrade is Delayed

The Learning Exchange (LX) upgrade has been delayed. The LX black-out and new go-live dates are projected for mid-February. Additional information will be forthcoming as it becomes available.

### Have a Research and Development Project Idea?

Technology Development is seeking ideas for new research projects that can improve the ships we build or help reduce the cost of shipbuilding at Newport News Shipbuilding. Tell us about your idea! Submitters can click on the "Ideation" link on the Research and Development MyNNS webpage. Have a specific question about a project? Contact **Denise Thomasson** (E30) at 688-7285.

### Who Says Getting Fit Can't be a Family Affair?



Join the Interactive Health Fit Family Challenge to help you and your family develop healthy lifestyles to last all year long! This 10-week program provides weekly tips and goals to help you develop healthy eating, exercise and wellness habits that benefit the whole family. Individuals may participate as an individual or a group. Sign up on the Fit Family Challenge Registration webpage through Jan. 15. The top team and individual with the most points earned will be awarded a prize. Contact **Emily McCarley** (O28) via email or at 380-4578 for more information.

### New Name, Same Coverage

In December, NNS represented employees should have received new Anthem Blue Cross insurance cards. The new card reflects the name change from Anthem Blue Cross and Blue Shield of Virginia to Anthem Blue Cross. The benefits and coverage remain the same, including the same network of doctors, hospitals and other health care professionals.

The new cards went into effect Jan. 1, 2016. On the new card, there is a new group number, member ID and alpha prefix – WKF. Provide the new information to your health providers and pharmacists as well as the new contact numbers to call for assistance.

For additional information, view the Anthem Blue Cross PDF or call the customer service number at 1-844-412-2977.



## Have You Checked Out Hot Shots?

Check out the first edition of Hot Shots for 2016. Hot Shots is a collection of photos taken from around Newport News Shipbuilding by Staff Photographers.

Pictured above: *Dorothy*, NNS' first hull, rests in view of the aircraft carrier *Gerald R. Ford* (CVN 78) at sunset. Photo by **John Whalen**

## Reactor Services Assists Local Families During Holiday

In support of the holiday season, E82 Reactor Services employees sponsored three families through the Newport News Department of Human Services.

"The goal was to provide gifts and food or grocery gift cards to local families in order to give them a nicer holiday than they may have otherwise," said **Mandy Williams**, event coordinator. "The Engineering Operations, A4W Operations and Manufacturing Engineering groups set a goal of \$1,000. We were able to surpass that goal and raise \$1,335 to support these groups fully and also sponsor two additional families."

The *Nimitz*-class Refueling Engineering Technical group was able to get all the gifts on the kids' wish lists and provide food/grocery gift cards.



"Our hope was to make a difference to a local family who can't afford a Christmas celebration on their own," said Engineering Manager **Wayne Urban**.



## NNS' Holiday Food Drive

The following names should have been included in the article about Newport News Shipbuilding's Holiday Food Drive, published in the Jan. 4 edition of *Currents*: **Bruce Bailey, Ronald Gray, Wesley Dundlow, Rudolph Johnson, Thomas Davis, John McCormick** and **Ken Pearson**. These employees were instrumental in dropping off boxes to food drive locations and picking items up throughout the shipyard and delivering them to the foodbank. Thank you!

## DATEBOOK

### JANUARY 13

The International Compliance Office will hold "Annual Export Training - Basic" on Jan. 13 from 1-2 p.m. in the VASCIC large auditorium. Register via the Learning Exchange (LX). Contact **Sarah Williams** (O19) at 380-3599.

### JANUARY 16

Volunteers are needed at 9:30 a.m. to assist with the wreath removals at the Hampton National Cemetery located on the campus of Hampton University (past the guard station at Cemetery Road and Marshall Avenue). The wreaths being removed are the wreaths that were placed on headstones during the Wreaths Across America event in December. Members of the Veterans Employee Resource Group (VERG) will be participating in this volunteer opportunity. For questions about this opportunity, contact **Beth Hoss** (E89) at 688-4140. Employees who cannot participate in this event, but are interested in future volunteer opportunities with VERG, should contact Beth Hoss.

### JANUARY 18

Newport News Shipbuilding will be closed on Monday, Jan. 18 in observance of the birthday of Martin Luther King Jr. Due to the nature of company operations, it will be necessary for some employees to work on the holiday. Supervision will notify employees of such arrangements. Read the Distribution A Memo on Yardnet.

### JANUARY 27

The International Compliance Office will hold "Annual Export Training- Basic" on Jan. 27 from 1-2 p.m. Building 520, 6th Floor James River Room. Register via the Learning Exchange (LX). Contact **Sarah Williams** (O19) at 380-3599.

Visit [www.gobuilders.com](http://www.gobuilders.com) to view the winter schedule of Builder Athletics.

## Contact Info for *Currents* Editor has Changed

Due to a name change, the email address for the editor of *Currents* has changed. To submit articles, please use the Online submission form at: [nns.huntingtoningalls.com/employees/pub/currents](http://nns.huntingtoningalls.com/employees/pub/currents) or contact **Lauren Shuck** (formerly Lauren Ward) via email or at 380-4622.

### SEEKING LEADERS

Visit [www.buildyourcareer.com](http://www.buildyourcareer.com) for more information on how you can build your career with Newport News Shipbuilding.

Job Title	Requisition Number	Dept.	Location
Construction Supervisor	11677BR	X09	KSO: Ballston Spa, NY
Construction Supervisor	11761BR	X09	KSO: Ballston Spa, NY

# NNS SAFETY REPORT

\* Compared to figures from December 2014

Year-to-Date Injuries

1,105

-18%

Year-to-Date Injuries with Lost Time

442

-15%

Year-to-Date Lost Work Days

29,687

-2%

Editor: **Lauren Shuck**

[Currents@hii-nns.com](mailto:Currents@hii-nns.com)  
(757) 380-4622

*Currents* is published every Monday for employees of Newport News Shipbuilding. Visit the archives.

To submit a story, visit [nns.huntingtoningalls.com/currents](http://nns.huntingtoningalls.com/currents). The deadline for submissions is COB Wednesday for publication the following week.



# NNS Continues to Improve Safety Performance

CONTINUED FROM PG 1

Additionally, last year NNS celebrated its 20th year of having “star” status in OSHA’s Voluntary Protection Program (VPP).

“Even though NNS continues its trend of reducing accidents, there is still work to do to aim at the goal of zero injuries,” said Dru Branche, Director EH&S. “EH&S encourages all employees to continue to be aware of surroundings, embrace a questioning attitude and remember to stop and report anything that is unsafe.”

Read the January 2016 Safety Stand Up that was discussed during “Take 5” discussions last week. NNS’ December 2015 safety report is also available on p. 4.

Pictured: Adrian Brown (M53), member of the Main Machine Shop’s Assembly team stretches before beginning work. Photo by Ricky Thompson

## EMPLOYEE CLASSIFIEDS



## AUDIO/VIDEO

**BLACKBERRY BOLD** - 9930 non-camera, touchscreen, good condition, refurbished, Verizon, Sprint and unlocked \$65 charger \$5 cases \$ (757) 285-1145

**3G iPad 64GB** - 1st gen iPad. Non-camera, 3G AT&T, 64GB, w/charger & case. No scratches or cracks on screen. Pls text. \$100 (757) 869-4842

**WHITE PS4** - 500GB White PS4, mint cond, 2 controllers, 4 games, witcher 3, bloodborne, ds 2, diablo 3, \$350, text for details (757) 871-2337

**iPHONE 6** - 128GB, AT&T network, factory settings, great cond. \$400. Call/txt (preferred) (757) 561-4855

**BOSE HEADPHONES** - Bose wireless soundlink on-ear headphones, iPhone compatible, black/blue color. \$200 (757) 672-2776

**DJ** - customized playlists suited for any event, lighting effects & photography (757) 869-1876

**PA AMPLIFIER** - Peavey 2000W PA amplifier w/ hard roller case. \$350, or \$325 w/o case. (757) 813-1781

**PHOTOBOOTH** - Happy New Year! Not a better way to celebrate than with a selfie station. Packages starting at \$150. (757) 359-0292

**DJ JAY ROPE** - Guaranteed to Rock it and I won't break your pocket. DJ/MC for every event. Shipyard discount. (757) 632-9929

**DJ** - Elegant and Fun Weddings! Dance floor lighting included. Call (757) 356-1166



## AUTO

**1994 FORD RANGE** - V6 3.0 L, 127,200 miles, w/diamond plate tool box, amp & speaker box, \$1,795 OBO (757) 810-4782

**08 CHEVY IMPALA** - garage kept, well maintained, 123K miles \$4,000 (757) 868-6900

*Auto cont.*

**04 NISSAN TITAN** - SE King Cab, power everything, off-road pkg, well-maintained, 104K miles \$9,000 (757) 868-6900

**JEEP JK BUMPER** - Almost Free Jeep JK Front Bumper you weld kit, with winch plate and Stinger, text or call for more info (804) 815-4175

**1972 FORD LTD** - Conv.red ext./white int. new top/boot cover, tires, trans rebuilt, runs great, garage kept, 123,000 pics on req (757) 869-9031

**04' SILVERADO** - 305 v8 a/t. jacked up, lots of new parts. \$4,500. text for pics (757) 660-7639

**2006 MAGNUM R/T** - White, 5.7L Hemi, lthr htd seats, nav, sunroof, 20" wheels, VG condition, 136k - well maintained. \$6,000 (720) 333-5465

**HONDA ODYSSEY** - 2003 Honda Odyssey Runs great, clean inside/out, well maintained, 99K miles, \$6,000 (757) 342-9587

**2005 XTERRA SE** - 2005 Nissan Xterra SE - White, Good Condition, 116K miles, \$7,800; (757) 544-8059

**ATV - POLARIS ATV 2004 TRAILER AND ATV** \$3500 (757) 788-1806

**HONDA ACCORD EX** - 1999 4cyl 156K miles Auto 4DR PW PL. Good mpg, great shipyard car. \$3,000 call for more info (804) 725-8616

**85 NISSAN 720 KING CAB** - 4WD, 4-CYL, 5-Spd MT, Good running condition w/ maint & mileage log. \$2K obo (757) 722-1419

**18' CAMPER** - 93 Layton model 1850 camper. Shower, stove, bathroom, 2 beds, AC. Well kept. No water damage. (757) 375-5634

**SOLID AXLE SWAP** - Free Solid Axle Swap U Weld Kit, If you photo, and install, have shop to assist with installing and welding (804) 815-4175

**07 HARLEY DLUX** - Custom candy teal blue, chromed-out, <7 miles, like new, 12k OBO, HD soft tail (757) 365-1521

**MOTORCYCLES** - Wanted British motorcycles, parts, basketcases, abandoned. Cash paid. Also consider any pre 1980 motorcycle. (757) 620-4472

*Auto cont.*

**TRUCK TOOLBOX** - Weatherguard Model 123-0-01, For Full Size Truck, Over-the-rail, Deep box, Bright Aluminum, Good Cond. - \$425 (803) 842-9896

**1989 CORVETTE** - Low mileage on new Jasper engine, new injectors and fuel pump. \$ 4,500 OBO (757) 880-3987

**TRUCK BED MAT** - GM Rubber Bed Mat, For Full-Size Chevrolet or GMC trucks with a 6.5 foot bed, Good Condition - \$40 (803) 842-9896

**1992 CADILLAC** - Brougham, D'elagance, Maroon int/ext lthr, new insp, well maint, garage kept, pics on req, \$3,500. 93,000 miles (757) 869-9031

**70 VW BUG** - CLASSIC - antique white, new interior, rebuilt 1600cc, new hoses/ lines, auto stik shift, \$6,500 MSTA (757) 868-8050

**99 CADILLAC DEV** - Maroon with White Leather Int, AM/FM/CASS, Power Wind, Locks & Seats, Cold AC, 73K. New A/C & Alt. (757) 876-2962

**83 CAMARO** - Z28, V8, Black, great shape, low miles, T-tops, new stereo & spkrs, tint, lots of new items. \$5k obo (517) 281-6953

**96 JETTA VW** - white, black interior, 4-door, STD, 2.0, very good car, lots replaced. Ready to roll. \$1,000 (757) 375-8905

**11 HARLEY DAVIDSON** - Heritage Softail, merlot sunglow, excellent cond, many extras, bags, speakers, V&H pipes. \$14,500 (757) 218-5592

**81-87 GM TRUCK** - lots of misc parts including doors, fenders, axles, trim, mirrors, lights, gauges. Call for info and prices. (757) 268-5667

**2014 ACCORD LX** - 21,000 miles, Dark Blue, grey interior, ex condition. Well-maintained. (757) 775-8320

**95 MERCURY COUGAR** - Need a good get me to work car? Has new tires, shocks and spears. \$1,050 obo (757) 272-5396

**HARLEY DAVIDSON** - 04 Low Rider. New tires; New shocks; Fwd controls; Quick detach backrest & windshield & more. 26 k mi. \$7,000. (757) 879-5126

*Auto cont.*

**03 HD SPORTSTER** - Orange and black 10inch window bars, burley rear shocks, vance and hines exhaust. \$3,500 obo (757) 846-4187

**JEEP TOP HOIST** - Hard Top hoist like new. Hoist top off w/just one person, \$350 obo (no longer jeep owner) Buying new \$500+ (757) 236-0789

**1999 CADILLAC** - Clean Deville, Tan AM/FM Cass Pow Wind/Locks, Cruise Ctrl, Leather heated seats, Cold AC, minor nicks \$3,500 obo (757) 342-6977

**CHEVY SUBURBARN** - 2010 75th Diamond Edition fully loaded w/ navi and rear entertainment. contact for more info (757) 593-6171

**MO PAR HEADLIGHT** - 87-90 Caravan/ Voyager right headlight assembly NIB with bulb \$25 obo (757) 685-3611

## BOAT &amp; MARINE SUPPLY

**SMALL SAILBOAT** - MFG Redhead 17 Hull #38. Good day sail boat. Has good trailer. \$600. (757) 267-2581

## COMPUTERS

**GAMING DESKTOP** - I have a gaming desktop PC for sale. Custom built with dual monitor setup. Text for pictures and info. (757) 784-8591

**COMPUTER REPAIR** - PC/Laptop Repair, Have Windows 7 or 8 get windows 10 while it's free. \$85+ parts (757) 329-6761

**CUSTOM PC** - 1 TB HDD, 8 GB RAM, 8 Core, 3.1 GHz CPU, Liquid-cooled, 24" ASUS Monitor, Logitech Solar Keyboard, Mouse, Webcam (757) 880-4562

## HOBBIES

**BEE EQUIPMENT** - New (un-used) hive, separator, box of tools & equip. \$160 for all. (757) 267-2581

*Hobbies cont.*

RELOADING BOOKS - Sierra, Speer, Hornady, Lyman & T/C Contender reloading manuals/books, several editions (757) 685-3611

SNOW SKIS - Volant Gravity 68 parabolic skis w/stainless tops. Size 190. Marker Titanium M1100 bindings. New Edges. \$65 (757) 870-9084

SURF BOARD - 5'10 Limited edition Monster Energy Drink Surf Board, brand new with fins \$275 (awesome deal) text for pics (757) 342-6977

GOLF CLUBS - Daiwa Hi-Trac R-H Irons: Numbers 2, 3, 4, 5, 6, 8, 9, 10. Graphite shafts. Great starter set. Exc cond. \$35. (757) 599-1960

FOOSBALL TABLE - Sportcraft Foosball Table. Heavy duty, dorm quality in good condition, w/extra players. \$175. (757) 268-1080

POOL TABLE - American Heritage 7 ft slate pool table w/equipment. Dark blue, great condition. \$1,200. Buyer pays to move. (757) 268-1080

GUITAR CLASSES - Warm guitar playing 'Popsicle Toes' & 'Baby It's Cold Outside'. 1-on-1 (Midtown NN) Wk/bi-wk sched Call/text (757) 528-7017

## FURNISHINGS & APPLIANCES

ANTIQUE CURIO - Portsmouth-Dark Wood Antique Curio. 50+ years old. 48 x 54 x 18. Must go! 12 mins from NNS. \$75 obo. (757) 871-3682

FURNITURE - Complete LR set. Exc condition, must see. Asking \$300. China cabinet, Ex condition, \$150. Pic avail. (757) 685-8111

DINING SET - Beautiful American Drew Cherry table, 6 chairs & hutch/cabinet. \$2,000 for set (757) 268-1080

APPLIANCES - New Amana dishwasher with warranty papers. White. \$200 (757) 870-9084

GLASS TABLES - Glass/Metal Coffee Table & TV Stand HVY DTY \$75 ea. or \$125 both. Call/Text for pics. (757) 880-1363

COOKTOP - Glass cooktop, black, electric, 4 burners. Whirlpool. Like new. Call for pics or more information. (757) 636-3788

*Furnishings & Appliances cont.*

LOFT BED - White & Wooden; Desk, Shelves & drawers underneath. Rails enclose bed. Excellent condition. \$250 inc. (757) 532-1205

KENMORE DRYER - Selling Kenmore Dryer. Works Great. 8yrs old. \$150 (757) 759-6603

CHAIRS - Five mahogany dining room chairs from the 1950's. \$50.00 for all five chairs. (757) 826-6518

ANTIQUESAFE - Early 1900s, Herring-Hall-Marvin, dbl dr combination, Ext 61Hx34Wx32D. VG condition. 1.5 tons. \$500 (757) 599-1960.

ANTIQUE TV - Admiral "Solarcolor" console TV, 27" screen, 1978 manuf, great cabinet for repurposing, nice condition. \$25 (757) 599-1960.

FOR SALE - Hoyer lift, brand new, electronic, used once. Asking \$1,500. Call (757) 310-9594



## LOST & FOUND

AUDI KEY FOB - Lost it across from Navy garage between 31st and 30th street area. \$20 reward to finder. (757) 812-5550



## REAL ESTATE

HOUSE FOR RENT - 1546 sqft, 4BR/2.5BA, washer/dryer, lg. deck, near I64, Lee Hall Elem. Sch., 215 Rivers Ridge Cir. NN, \$1,350/mo (757) 291-7442

LAKE GASTON - .47 Acre Waterfront Lot Lake Gaston, N.C. \$129,900.00 (757) 672-9895

ROOM FOR RENT - Beautiful 2,200 SF 9-room home, 600/mo includes all utilities/ internet/ access-new wash/dry. Plenty of space (440) 567-2178

HOUSE FOR RENT - 2 Br/1 Ba House. 1309 34th Street. @600 sq feet. Fenced in yard. 5 mins from NNSY. Avail now. \$650/mo. (757) 871-3682

HOME FOR SALE - Beautifully updated 3bd 2.5 bath, minutes from shipyard. \$108,500 Newer Kit, baths and more! 2214 Parish Dr. (757) 817-8121

*Real Estate cont.*

MOBILE HOME - Single wide, good cond. Yr 2003 Clayton made, 952 SqFT 3bed 2bath w/appliances, park near Ft. Eustis, \$22K OBO (804) 714-4678

TOWNHOUSE - 3bdr 2 1/2 bath townhouse for rent. Located off of Virginia Wesleyan and baker rd in va bch. Only \$1,250 (757) 502-5531

HOUSE FOR RENT - 3BR/1.5BA, \$850/mo. 1000 sqft, W/D, carpet, fireplace. 8 min from NNS. Credit and bkgd check req. (757) 344-6190

FOR RENT - 1 Bedroom Apt for rent water front with pier located in Hampton on North First Street \$700 per month plus dep (757) 812-4304

HOUSE FOR SALE - 129.9K Newly Renovated 3BR/1BA rancher, large fenced in yard w/shed. 401 Roane Dr., Hampton. 15min to NNS. (757) 532-8300

HOME FOR RENT - 1150 sq ft 3BR, 1BA home in Cherry Acres Hampton. Fenced back yard. Central air and heat. \$850/ mo. (757) 879-5126

ROOM FOR RENT - \$500 month, 4 miles from the yard, all utilities included + wifi, off street parking. Call or text with Qs. (757) 510-0839

TRAILER 4 RENT - Trailer in Smithfield. Large covered deck and shed. Extra-large kitchen. Call for further info. (757) 812-2719

HOUSE FOR RENT - 3 BR, 1 1/2 bath house for rent in Larrymore Lawns section of Norfolk. Newly renovated. Nice area. \$1,200/mth (757) 768-0447

RENTAL - \$1395/mo. rental; 186 Abbey Ct, NN; 4BR/2.5 BA 2-story; cul-de-sac; sunroom; near Menchville HS; (757) 873-2111

HOUSE FOR RENT - 2,200 sq ft with 4 BR and 3 baths. Glendale area of Newport News near CNU. \$1,350 per month (757) 871-9627

HOME FOR SALE - Beautiful 4BD 2.5BTH home in shore park NN. 1866 sq. ft. reduced to 229.5k. 121 Skipper Ct. Lots of upgrades! (757) 846-0801

ROOM FOR RENT - 440/mo- all inclusive, Looking for female, 12X12SF rm/(private bath), full kitchen access, was/dry in unit (609) 251-2121

FOR RENT - Currently not using parking spot at 34th & Washington. 1 block from 35th gate. Call me if interested \$40. (757) 879-2686

## MISCELLANEOUS

FITNESS COACH - I would like a personal swim coach/friend that could mentor/train me in technique and discipline. (757) 346-8709

HEATER - Dayton 400K BTU commercial kerosene htr, cart, temp cntrl, auto shutoff, 10gal tnk, used 10 hrs, like new \$1,500 OBO (941) 704-6822

WEDDING BAND - Gold men's wedding band, size 12 1/2. I think it was lost in the 46th street blue parking lot. (757) 968-5020

FIREWOOD - Seasoned and Split Red and White Oak. Will deliver to Williamsburg area, or come pick up. \$90 per load. (757) 508-1603

NUWAVE - Oven Pro, Like New, have 2, only need one! \$35 cash (757) 868-8050

REMODELING - Call for a free estimate on your home remodeling needs. Class C General Contractor. (757) 256-8131

MEMORY BRACELET - Heard of memory quilts? Let me make you a memory Bracelet out of buttons from your loved ones clothes. (757) 236-0789

TREADMILL - Proform JM Treadmill. Older model in perfect condition. Must help load. Located in Newport News \$60 obo. (757) 581-4073

ICON JACKET - Men's X-LG ICON leather riding jacket \$200 for picture call or text (757) 236-0789

ITEMS - Microwaves \$45, Olympic weight bench \$100, NU WAVE OVEN BLACK \$75, patio table 4-chairs \$85, smart glove \$50 (757) 589-7248

MOWER REPAIR - Small engine repair. Tune up's and Preventive Maintenance end of season. (757) 897-4737

ITEMS - refrid/freezer 4.3 \$85 food saver seal system \$85 Kirby Vac \$135 (Life Core R100 Commercial rower) \$799 (757) 589-7248

EXERCISE EQUIPM - Elliptical \$50-250 & Exercise bikes \$40-\$250 Treadmills \$140- \$250 ONE \$145 Also 2 rowers one \$225 & ONE \$95 (757) 589-7248

WEDDING DÉCOR - Misc. wedding glassware. Candle cylinders, vases, etc. Too much to list. Call for prices. (757) 342-8021

*Miscellaneous Items cont.*

WELDING SHIELD - Self-dimming welding shield to be used for personal (non-NNS) use only. Used very few times. Asking \$35. (757) 581-4073.

BOWFLEX - Upper and lower body attachments. Excellent condition. Free rowing machine included. \$50 (757) 969-9605

ENGAGEMENT RING - 1/2 carat engagement ring. Appraised at \$2,000. Make offer. (757) 812-2719

TRAINING - self-defense training. Call and leave a message. (757) 838-1102

LAUNDRY DETERG - 5 GAL. Bucket \$35. 400+loads. Last 4-6 mo. Liquid H.E. formulated works great; Sweet potatoes half bushel \$15 (757) 589-7248

LANYARDS - Accessorize w/beaded lanyard. Made to order. Pick your fav color or sports team themed. Examples call/text (757) 236-0789

MAKE-UP ARTIST - Certified Make-Up Artistry Services incl: Bridal, Prom, Special Events & more. Will travel (757) 325-5353

FIREWOOD - Split - 6' X 12' Trailer Load \$150, Generous Half Load \$85, Will Deliver (757) 310-4769

HEATING OIL - 200+ gals of heating oil. Most in an in-ground tank. You pump and haul. \$1.50 gal. Poquoson. Text for details (757) 870-8168

WIRE SHELVING - New shelving - 12' L X 12" & 20" deep. Save \$\$ & improve the look of your home -call for prices. (757) 535-9279

KIDS SCOOTER - E200 Electric Razor scooter, teal in color and great fun for kids, speeds up to 12mph, paid \$229 asking \$175 (757) 342-6977

KEEP 'EM OUT - All pests, termite, poly/moisture probs, under haus repairs (757) 873-4999

TRAINER - Fully supervised private training fitness programs; all levels. (757) 930-3372

HOUSE WASHING - House, Roof and Concrete Cleaning. Most of our methods are used with less than 500PSI. Licensed and Insured. (757) 810-5115

CHILDCARE - M-F, 6-6 6wks-up, CPR & First Aid Certified, fun learning, outside playtime \$20 off 1st week, great lady (757) 947-4408

*Miscellaneous Items cont.*

JANITORIAL - stripping, waxing floors, carpet cleaning, power washing, office cleaning (757) 503-0934

RESUME ASSISTANCE - Need help developing a professional resume? (757) 327-2212

ELECTRICAL - Electrical Services - New installs and repairs. Call or text for consultation. No job too big or too small! (757) 788-9631

CLEANING - Holidays are over, Let me do your cleaning! Depending on the size.. \$60 or Less! (757) 880-8519

CHILDCARE - In home daycare located 10 mins from shipyard. I am Cpr, first aid and EMD certified. Open Monday thru Friday (757) 679-0305

JD PLANTER - John Deere Model 71 Planters (two of them) on tool bar Corn, bean, sunflower plates. \$500 Can deliver. (757) 267-2581

CHILDCARE - M-F, 1st/2nd shift available, FT/PT, CPR & First Aid Certified, low rates, smoke free, Foxhill area (757) 869-1876

ORGANIC BEEF - Check us out on FB: "Soul Shine Farm Grass Fed Beef"; Beef - organically grown!! (540) 255-1292

HEAT PUMP - FREE tune-up, inspect + REBATE for Dom. Power cust. with Heat Pump. (757) 286-2368

GUTTER CLEANING - We clean gutters by hand, bag the debris, flush your down spouts and brighten outside (757) 810-5115

JUNK REMOVAL - Junk Removal you point and junk disappears. Free estimates licensed and insured. (757) 810-5115

HOME CLEANING - General home cleaning. Free Estimates. One time or special occasion cleaning welcomed. Licensed & Insured. (757) 371-3904



## PETS

PETS - Female White Maltese Puppy 18wks old \$420. (252) 395-1957

ENGLISH BULLDOG - puppies, AKC reg, vet checked, champion sired. 2 girls left. (225) 921-2782

*Pets cont.*

N.ZEALND WHITES - 9 born early Nov, 10 born Dec 4. Friendly. Located in Cpeake. \$20ea or package deal for more than one. (757) 477-2706

BLUE PIT-BULL - Need fun loving home for 3 yr old well mannered female blue pit. Indoor kept. House broke. Chocolate. 71 lbs. (757) 377-4400

BIRDCAGE - Large white birdcage w/ food/water trays and wooden perches. 27"H x 19.5"W x 15"D. Pics avail. \$150 (757) 705-5235

## WANTED

ROOMMATE - \$550/month w/utilities Access to common areas. 1 shared bathroom. Food storage. 2 cats on site. In Norfolk. (757) 319-6057

GARAGE ITEMS - Looking for un-wanted garage items. Tools, Tables, etc. Will pick up for free. (757) 897-4737

TRAILER - Wanted enclosed trailer , prefer older model , but will consider any. Cash Paid. (757) 620-4472

LAWN MOWER - Un-wanted Push mower, blower, or weed eater's. Running or broken will pick up for free (757) 897-4737

WASHER & DRYER - Broken washers & dryers that are in your way. Will pick up for free. (757) 617-0100

ROOMMATE - Young professionals looking for similar roommate. One bedroom in a 3 bedroom, 3 bath condo available. \$450/mo (757) 376-0030

1995 NISSAN RIM - 13inch steel rim in good shape to fit a 1995 Nissan Sentra. Call (757) 268-5667

VAN RIDERS - VRide van from VaBeach to NNS M-F, 1st shift leave Diamond Springs Rd to all gates 2 shipyard. (757) 450-6740

VAN RIDERS - Van leaving from Belvidere Nc. to Chowan, Gates county (Hwy32) and down town Suffolk to NNS 1st. shift. (252) 619-3117

BABY ITEMS - Looking for gently used crib or pack-n-play for Grandma's house at a reduced cost! (757) 868-8050